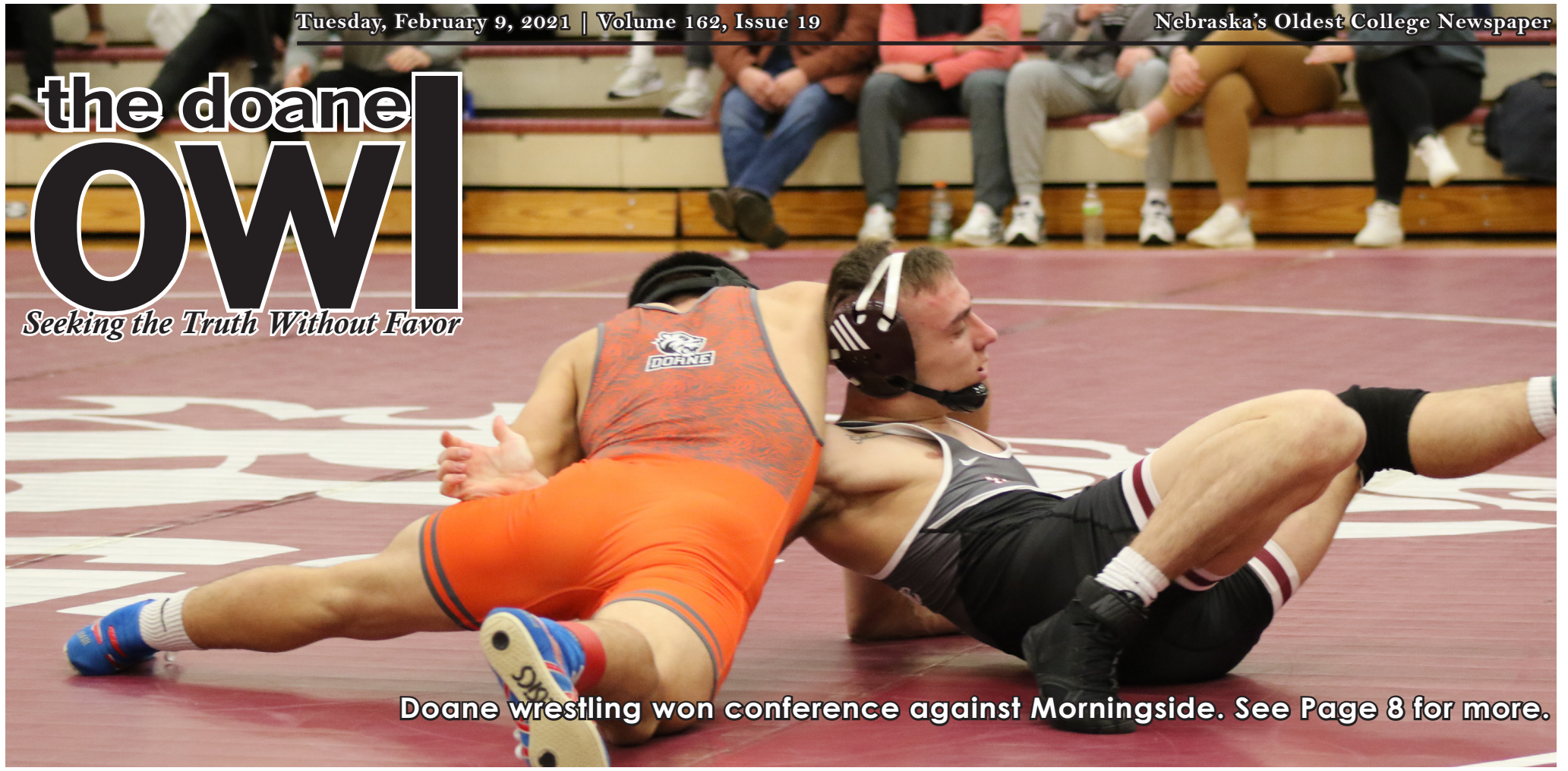


the doane OWI

Seeking the Truth Without Favor



Doane wrestling won conference against Morningside. See Page 8 for more.

Press release; event set for Feb. 17

Annual "One Day. One Doane." approaches

Crete, Neb. – From 10 a.m. Feb. 17 to 10 a.m. Feb. 18, the Doane community is encouraged to wear your orange and black and celebrate Doane's past, present and future by making gifts of all sizes helping us reach 300 Annual Fund donors in 24 hours.

"One Day. One Doane." is not only a day to generate support for our Annual Fund, but it's a day for our employees, alumni, students and friends to come together and share their Doane pride," Doane Annual Fund Director Julie

Rasgorshek said. "We have activities planned on campus and in the community, as well as on our social media pages. We encourage everyone to get involved and show their Doane pride."

We are celebrating Doane in many ways on and off campus. Show your Doane pride and help make Doane's third annual 24-hour day of giving a huge success.

If you are not able to join us in person, you can follow and support "One Day. One Doane." on Facebook and Twitter, just search for Doane University Alumni.

Artisan Mark – Community Kick Off
Date: Wednesday, Feb. 17
Time: 7:30 - 9 a.m. (drop in)
Description: Stop by

Lakeside Café – Crete Campus Kick Off
Date: Wednesday, Feb. 17
Time: 8 - 10 a.m. (drop in)
Description: "Coffee Hour" sponsored by Sodexo. Bring your refillable cup or mug and enjoy a complimentary cup

of drip coffee. Pick up some Doane swag, and say hello to members of the Doane Advancement staff.

Philanthropy Photo Booth: Take a photo with your friends and share this special day on social media. We have special signs that allow you to choose which area is most important to you (athletics, fine arts, people, campus life, financial aid). Hashtag all posts #GiveDoane and #OneDayOneDoane.

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can be used to support your favorite causes? On "One Day. One Doane." students on campus could do just that - by riding in a Cash Cart and answering trivia questions to earn donor-sponsored support for any area of campus. Each correct question earns the student \$25 to be donated to one of five areas supported by the Doane Fund: Athletics, Fine Arts, Campus Life, People and Financial Aid.

Inspired by the hit Discovery Channel show, "Cash Cab," we will offer a new way to involve students in the excitement and impact of "One Day. One Doane." powered by matching gifts. Sponsored by: Crete Area Medical Center

Several sponsors have come forward to help

make this day a success including: Artisan Mark, Crete Area Medical Center and Crete Physical Therapy. Follow our social media pages on Feb. 17 for more information on these sponsors and others!

Additional matches for gifts received during the 24-hour campaign are being established and will be announced Feb. 17.

For more information on how you can get involved in "One Day. One Doane." contact the Doane University Advancement Office at 402.826.8528.

Julie Rasgorshek, Annual Fund Director 402.826.8561/ julie.rasgorshek@doane.edu

Hansen finds new assistant director

EMMA RYAN
Staff Writer

The Hansen Leadership Program was left searching for a new Assistant Director after Andrew Brown accepted a position as the Director of Community Engagement at Buena Vista University in the fall of 2020.

The Directions Program decided to create an open student panel to help with the interview process of selecting a new Assistant Director.

After several interviews, Nick Knopik was selected for the position.

Knopik was born and raised in Lincoln, NE and attended the University of Nebraska-Lincoln

(UNL). He received an undergraduate degree in Biological Sciences and a Master's Degree in Leadership Education.

Knopik said his interest in leadership began in college after joining student organizations on campus. One of the groups he was part of was the Nebraska Human Resources Institute (NHRI) Leadership Mentoring. Within this organization, Knopik helped mentor a sixth grade student through middle school.

After graduating from UNL, Knopik taught English in Busan, South Korea.

"It doesn't seem like a very direct path, but in my mind, [I went to

South Korea] because I had started to learn about intercultural leadership when I was an undergraduate. Through my time as a grad student, I was interested in how someone leads across different cultures when there are language and cultural barriers," Knopik said.

Knopik said having a student panel help with the interview process definitely gave him a better perspective of Doane and the students he would be working with.

"The Leadership Program at Doane is outstanding. I would go to leadership conferences all over the U.S. when I was a graduate student, and I would hear about

the Hansen Program there and at Launch Leadership in Nebraska. So, when I saw the job opening, I knew I would love to work for them," Knopik said.

Knopik also spoke about the community within the Leadership Program.

"Directions gives students the opportunity to live together and go through school as a cohort. It really helps to develop those relationships and challenge each other in their leadership roles," Knopik said.

Knopik said his first week at Doane has been a great experience, and he is very grateful to be here on campus working



Courtesy photo | Doane University

with the faculty and students. With any questions

or concerns, contact Knopik at nick.knopik@doane.edu.

Support group for students created

Counseling Center helps students through IPV

SARAH DALY
Communications Manager

The Counseling Center on Doane's Crete campus has played an active role in student life. This spring semester, the Counseling Center will continue to provide telehealth services in place of face-to-face meetings.

Unique to this semester, though, the Counseling Center will be hosting an Interpersonal Violence

(IPV) Support Group for Doane's students.

Raegan Bartholomew, Counseling Intern, will be leading this six-week support group on the Crete Campus. Bartholomew works alongside counselors Myron Parsley and Kristal Fleming.

The support group is for students impacted by IPV and will meet Tuesday evenings from 7:00 to 8:00 p.m. The first

meeting is Feb. 9 and will continue through March 16. All sessions will be conducted over Zoom. Attending all six sessions

is not required.

"This group was created as a way to help students who have been impacted by interperson-

al violence in one way or another. Its focus is to assist students in processing their thoughts and emotions surrounding their personal experiences with IPV," Bartholomew said.

This support group is not only for students who have experienced IPV personally but for those who have witnessed it, too. The IPV could have occurred between friends, loved ones or caregivers. Students are encouraged to share their stories in an attempt to empower other students within a safe space.

"Learn from your peers and our Counseling Center as you navigate your response to these sit-

uations," a flyer sent out by the Counseling Center said.

Students who are interested in participating in this group can fill out an anonymous screening questionnaire at <http://screening.mentalhealth-screening.org/doane>.

To register for the IPV support group, students can find the link in a recent email from the Counseling Center or at https://doane.qualtrics.com/jfe/form/SV_cAaOgXmUhoA11q. Students with questions regarding the IPV support group can email bartholomew@doane.edu.

Resources

Support Group for Students Impacted by Interpersonal Violence

IPV can happen to anyone. And if you have been affected by it, we have an additional option for healing—a support group. Support groups provide you a safe space to process, empower one another, and find hope. Learn from your peers and our Counseling Center as you navigate your response to these situations.

Sessions run on Tuesdays, February 9 - March 16 at 7pm
all sessions will be conducted via zoom
register below

Courtesy graphic | Doane Counseling Center

Close call with vaccines

Seattle hospital nearly lost 1,650 shots

KYLIE HUGHES
Life & Culture Editor

Late in the night on Jan. 28, staff at Kaiser Permanente hospital in Seattle received a notification that a freezer holding 1,650 Moderna COVID-19 vaccines had malfunctioned, meaning staff only had a few hours to get those shots into arms before they became ineffective.

According to the New York Times, Kaiser reached out to two other hospital systems for help in delivering all vaccines so none would go to waste.

One hospital system, Swedish, tweeted around

11 p.m. that night saying it had 588 vaccines to give out until 2 a.m. to Phase 1A and Phase 1B tier residents, according to NBC News. Shortly after the tweet, all appointment slots were booked.

That night, hospital staff gave vaccines to over 1,600 residents dressed in pajamas and robes, as many did not have time to change their clothes and risk not getting the vaccine.

By 3:30 a.m. all COVID-19 vaccines had been given, and though it was a rush to get the vaccines out to the public, the hospital staff ensured that no vaccines would be wasted due to a faulty freezer.

This incident is not a stand-alone event, as there have been other situations where vaccines had to be urgently administered before they expired, like that in Cave Junction, Oregon on Jan.

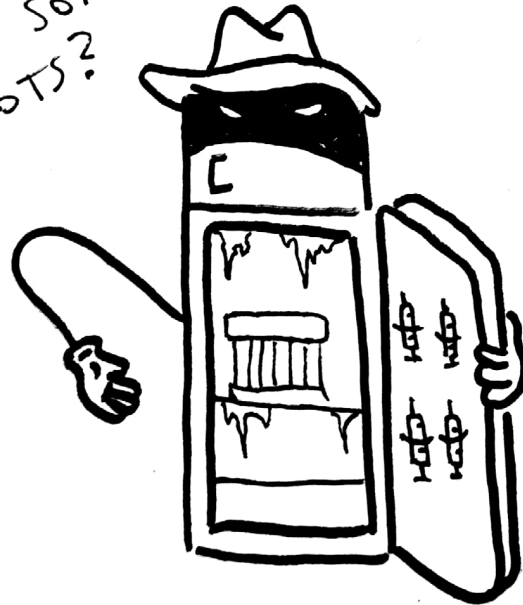
Public health workers were in the process of delivering COVID-19 vaccines when they got stuck in a snowstorm 30 miles from their destination. With cars backed up on the highway and the clock ticking for the vaccines, the public health workers realized they needed to administer the vaccines before they expired, according to the New York Times.

Therefore, they walked down the highway going car-to-car asking stuck drivers if they would like to receive a COVID-19 vaccine.

Six Moderna COVID-19 doses were given to six stranded drivers.

While the impromptu vaccinations allowed over 1,600 people to be vaccinated for COVID-19, it has left people across the nation wondering when they will receive their re-

WANTNA BUY SOME SHOTS?



Cartoon by Joey Winton | The Doane Owl

spective vaccines.

Nebraska is currently on Phase 1B of the vaccination, meaning that within the next few months people ages 65 and older, people who are high risk, first responders,

people in education, grocery store workers, postal workers, etc. will all have the opportunity to get vaccinated, according to Nebraska Department of Health and Human Services.

Weather Forecast

Wednesday

2/10



High: 10

Low: 0

Thursday

2/11



High: 6

Low: -7

Friday

2/12



High: 1

Low: -9

Saturday

2/13



High: -3

Low: -21

Sunday

2/14



High: -5

Low: -16

Monday

2/15



High: 4

Low: -4

Tuesday

2/16



High: 11

Low: 2

Graphic by Kendall Meyer | The Doane Owl

Weather data retrieved from weather.com.

Stock market manipulated

Redditors caused significant losses

JOEY WINTON
Managing Editor

GameStop shares rose by 1,700 percent in the span of a few days as millions of small investors inspired by social media bought shares and stock options.

According to the New York Times, GameStop's market value increased from \$2 billion to over \$24 billion in a matter of days.

This began in January when shares in GameStop's stock lost a significant amount of value.

Amateur traders egged one another on Reddit and bet heavily on shares of GameStop, causing the value to skyrocket over 1,700 percent at one point.

This dramatic increase in GameStop's market

value was aimed at hurting large hedge funds that were betting against GameStop stock, and as a result, the hedge funds lost large sums of money.

What the hedge funds were doing is called short-selling, a process that investors use to manipulate the market to make extra money.

An investor who is expecting the price of a stock to fall borrows shares of the company from another investor for a fee and sells it right away. They hope that when the price does fall, they can buy the shares back cheaply, return them to the owner and keep the difference as profit.

However, if the stock rises instead of falls, the short seller consequently loses money. If a bet goes wrong, short-sellers rush to repurchase the shares they borrowed so they can return them and exit their trades.

This is known as covering and is what happened to the hedge funds who invested in GameStop's stock.

As investors started to buy up its shares and options, the value of Gamestop stock rapidly increased, forcing short-selling hedge funds to buy back the shares they borrowed at a higher price, increasing the stock price even more.

In short, hedge funds were borrowing shares from GameStop's stock agreeing to return the shares later. The hedge funds expected the price to fall, thus profiting from the difference after buying back the shares. Instead of having the price of the stock fall, Reddit users and other amateur investors poured money into the company's shares, causing the price of the stock to rise dramatically. This increase in price caused the hedge-funds to lose money, much to the delight of those on the Internet.

More detailed information about this stock market scandal can be found at <https://www.nytimes.com/2021/01/28/business/gamestop-stock-market.html>.

GameStop

- Starting in January, shares in GameStop dropped.
- Hedge funds began borrowing shares from GameStop and agreeing to return them later, expecting the price to fall.
- Reddit users and other amateur investors poured money into the shares, causing the price to rise.
- The rise caused the hedge funds to lose money.

Graphic by Kendall Meyer | The Doane Owl

Counselor leaving Doane

Flaming to pursue private practice

JOSE VILLALPANDO
News Editor

The Counseling Center at Doane is experiencing changes as Mental Health Counselor Kristal Flaming is departing to work in the private practice field.

An email from Doane Student Affairs was sent out on Jan. 26 providing some information about Flaming and what she has done here on campus. From starting here at Doane five years ago, to creating the Master of Arts in Counseling (MAC) internship program, she has been busy helping students throughout her entire time here.

"I have loved working with the students at Do-

ane and will miss these interactions. It has been an honor to support students through the various circumstances that have arisen in their lives," Flaming said.

With the creation of the MAC internship program, Flaming supervised between one and three counseling interns in the Counseling Center. In doing so, this helped to both provide great experience to the interns, and it allowed the Counseling Center to offer better services. More students could be served, wait times were reduced and groups like Stress Less were created.

Flaming was also involved as the advisor of Doane's Active Minds chapter, the nationally-recognized nonprofit organization centered on raising awareness about mental health. In doing so, she "worked with student leaders to plan and

host campus events to raise awareness for mental health," according to an email from Doane Student Affairs.

Other events Flaming helped students with were the Suicide Prevention and Awareness Candlelight Vigil, self-harm recovery speakers with workshops and end-of-semester activities.

Feb. 19 will be Flaming's last day working at Doane. From then on, Flaming will be working as a full-time counselor in private practice in Lincoln, NE.

Flaming wanted to share some parting advice with Doane students.

For students in the psychology and counseling fields, Flaming made note that, contrary to popular belief, the psychology and counseling fields offer a lot of flexibility in being able to "make your career your own."

"It is a great jump-

ing-off place for a career in many things: non-profit work, social work, policy, individual counseling [and more]," Flaming said.

Flaming also encouraged students to seek out counseling services while at Doane.

"Counseling sessions can be expensive and waitlists can be long outside of the university setting," Flaming said.

Anyone who wishes to seek out counseling should contact Myron Parsley at myron.parsley@doane.edu.

Myron will be taking on Flaming's role as supervisor of the current MAC interns. Also, it should be noted that the Counseling Center will work with Flaming's current clients so that their needs continue to be met.

As for Flaming's position, the Counseling Center plans on filling the Mental Health Coun-

selor position as soon as possible.



Courtesy photo | Doane University

Third stimulus package coming

Biden planning new guidelines

JOSH BUNDY
Multimedia Coordinator

With COVID-19 still affecting millions of people financially, many are looking for the next stimulus paycheck to come. The question is, how much will they be getting?

President Joe Biden's \$1.9 trillion stimulus package would be covering this round of stimulus checks, as well as sending a significant amount of money elsewhere in the economy. These other outlets include schools, local governments, unemployment benefits, benefit vaccine delivery and healthcare, according to The Washington Post.

According to CNBC, Democrats are pushing to get the COVID-19 relief bill passed in early March, meaning those who need the aid will likely have to wait at least

a month for their checks.

Additionally, the passing of the bill has been confronted with concerns about the income cut-off for these stimulus checks. CBS News noted that during the first two rounds of stimulus payouts, the threshold for those who could receive the full check was \$75,000 annually, or \$150,000 for married couples.

Those who made up to \$99,000 or \$198,000 as a married couple were still able to receive a check during the first payout but not for the full amount. Anyone who made more than that would not receive anything.

The second payout cut-off was lowered to \$87,000 or \$174,000 for married couples.

Biden's proposed bill would increase unemployment benefits from \$300 to \$400 a week until the end of August.

For college students hoping to get some money from this next payout, the next stimulus check could benefit them.

Many families and individuals have struggled significantly during this pandemic financially, and this next round of stimulus checks may be able to help a wider array of people in a significant way.

STIMULUS CHECKS

People expecting a stimulus check will likely have to wait at least a month for it.

- During the first two rounds of payouts, the full check was \$75,000 annually, or \$150,000 for married couples.
- Those who made up to \$99,000 or \$198,000 as a married couple were still able to receive a check during the first payout but not for the full amount.
- The second payout cut-off was lowered to \$87,000 or \$174,000 for married couples.
- Biden's proposed bill would increase unemployment benefits from \$300 to \$400 a week until the end of August.
- Dependents may be changed to include college students, children up to 17 years old and adult dependents who qualify.

Graphic by Kendall Meyer | The Doane Owl



Courtesy photo | Flickr.com

New bill design

Harriet Tubman to be new face of \$20 bill

SARAH DALY
Communications Manager

The Biden Administration announced on Jan. 25 that they will be resuming the Obama Administration's effort to have Harriet Tubman on the \$20 bill.

"It's important that our money reflects the history and diversity of our country, and Harriet Tubman's image gracing the new \$20 note would certainly reflect that," White House press secretary Jen Psaki said.

Psaki also explained in the Jan. 25 White House brief that the Biden Administration does not have a set deadline for the new bill, but they are working on the specific details.

According to Biogra-

phy.com, President Jackson instituted policies that resulted in forced migration of Native Americans and destroyed the Second Bank of the United States. This has been a reason many Americans have wanted former-President Jackson off the \$20 bill.

Doane students have varying opinions on the change of the \$20 bill.

Freshman Tristen Schut said he agreed that Harriet Tubman should replace Andrew Jackson on the \$20 bill.

"I don't know what Andrew Jackson did," Schut said.

Junior Leonardo Mora said he disagrees with the decision to change the \$20 bill.

"I really do not get why people want to change it. I really think people like to erase history when it's convenient for them. I am not saying Jackson was a great person, but he is a figure that represents and built American democracy," Mora said.

Senior Grant Hrabik saw both sides of the argument.

"While I think [putting Tubman on the \$20 bill] is a great idea, I'd find it hard for some of the general public to accept this change willingly because currency is reserved for presidents, even though Ben Franklin isn't a president, and Harriet Tubman was never president," Hrabik said.

Senior Autumn Galloway said she thinks Harriet Tubman should be on the \$20 bill because she "has been a more beneficial figure to history than Andrew Jackson."

"It's time for a change. Andrew Jackson was a horrific slave owner and the person who orchestrated the Indian Removal Act which included the Trail of Tears. Replacing him with a Black disabled woman? An American hero and icon who helped develop the underground railroad and lead many enslaved people to freedom? Priceless," senior Allison Jasso said.

The Biden Administration will announce more details about the \$20 bill change in the coming weeks.

Conflict in Russia

JOEY WINTON
Managing Editor

Russia expelled three diplomats from Germany, Sweden and Poland after they participated in what Russia's foreign ministry is calling "illegal demonstrations" on Jan. 23.

The "illegal demonstrations" were protests in support of 44-year-old Alexei Navalny, an opposition activist who was jailed earlier in the week. Navalny has campaigned against corruption in Russia and President Vladimir Putin since 2011.

In August of 2020, Navalny was poisoned with a nerve agent in eastern Russia and was taken to Germany for treatment. Despite arrest warnings from the Russian govern-

ment, he returned home at the end of January 2021 according to BBC

Navalny has accused Putin of running an administration filled with corruption and for organizing the poison attack that nearly killed him.

Shortly after returning to Russia, Navalny released a video on YouTube featuring a large Black Sea palace, claiming it was a Russian billionaire's gift to Putin. The video now has more than 100 million views.

Putin denied ownership of the estate, and last week, billionaire businessman Arkady Rotenberg came forward to say he bought the palace two years ago.

According to BBC, hundreds of thousands of people attended protests in support of Navalny across Russia on Jan. 23

and 31, and thousands of people were arrested.

The three diplomats' home countries, Germany, Poland and Sweden, have protested the expulsions. The United Kingdom, France and the European Union (EU) have also expressed discontent with the Russians' decision.

EU foreign affairs chief Josep Borrell stated on behalf of the EU that he "strongly condemned this decision and rejected the allegations that [the three diplomats] conducted activities incompatible with their status as foreign diplomats."

Both Germany and Poland said they have summoned their respective Russian ambassadors to express concern over the expulsions.

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Doane celebrates Black History

JOSE VILLALPANDO
News Editor

With the month of February under way, the inclusion of a new gallery display available for viewing in Nyrop Hall celebrates Black History Month.

News of the display came from an email sent out on Feb. 2 from the Diversity, Equity and Inclusion (DEI) Division.

"Last semester, a collaboration started between our library team and the Division of Diversity, Equity and Inclusion to bring to life a gallery display that would lift up the stories of Black and African Americans at Doane and throughout our country," Vice President of the DEI Division Luis Sotelo said.

In Sotelo's official message found within an email from the DEI Division, he

said he hopes this display will help facilitate deepening our understanding and help celebrate Black American history, not just today but everyday.

"Black history is American history, and representation matters," Sotelo said.

The display offers over 30 different prints in dedication to honoring Black American history.

"Behind each photo are powerful stories of resilience, leadership and excellence," Sotelo said.

Included within the individual prints and events are stories showcasing Black American history on the national, state and local levels. From the Civil Rights Movement to present-day Doane, the display aims to offer more information than just a national perspective on Black American history.

"Black and African

American history is American history, and without it, our American story is incomplete. To celebrate Black Americans is to understand the far-reaching contributions made by Black and African Americans across all sectors and arenas in American society," Sotelo said.

In his concluding thoughts, Sotelo said he is grateful for the contributions from many leaders on campus. From Suzannah Rogan in her role as DEI specialist, to the library team in their research and design of the 30 posters set on display.

"My hope is that Black Historian Dr. Carter Woodson, who is credited for the founding steps towards Black History Month back in 1926, would be happy to see this celebration at Doane," Sotelo said.



Photo by Jose Villalpando | The Doane Owl

Students have the opportunity to view 30 poster sets on display in Nyrop Hall to kick-off Black History Month.

Spiritual Direction offers affirmation

KYLIE HUGHES
Life & Culture Editor

For students or faculty members who are still learning about their own faith or what they believe and value, the Spiritual Direction Program provides an opportunity to find a deeper understanding, according to Director of Religious and Spiritual Life Leah Rediger.

Rediger is the facilitator of the Spiritual Direction Program. She connects spiritual directors with Doane community members and answers questions or offers assistance about the program.

"I am not a spiritual director, part of my role at Doane. Therefore, I can be that person at Doane that is interfaith and inclusive. I serve all. I serve everyone of all religious, secular and spiritual identities," Rediger said.

The Spiritual Direction Program is an opportunity for students, faculty and staff members to get a better understanding of their own beliefs through discussions with a spiritual director who acts as their mentor.

This is the first year Rediger is holding two Spiritual Direction Programs in one academic year. Last October, the Doane community had the opportunity to meet with spiritual directors as well as this February.

When interested students and faculty signed up, they did so through a Google Form at the end of January. There, they had the chance to look over brief biographies of the mentors, as well as the times they would be available.

Rediger typically has around three to five men-

tors who are all ordained in their religious traditions. They range from different denominations of Christianity, pagan or secular branches, etc. The mentors change based on the desires of the participating members in a particular year.

Mother Amanda Gott, Rector in St. Matthew's Episcopal Church, was assigned four directees as a Spiritual Director. None of her directees belong to her faith, but that is not important. Conversations can go in many different directions and depend on the participants who are still learning about their own faith, beliefs and values.

"My job is to respond to their spiritual needs and their spiritual paths, and respect their perspective and identity," Gott said.

Gott's goal in responding to their spiritual needs is to affirm that aspect of

their lives.

"I'm hoping that folks will feel affirmed or reaffirmed that their spiritual lives are worthwhile and an important part of their life, whatever that spiritual life looks like," Gott said.

Before this academic year, the Spiritual Direction Program was in the form of a week-long retreat. All of the mentors would come to Doane, and Rediger would rent study rooms in the library for students to have their one-on-one sessions. However, due to current circumstances, it has moved to a month-long program where students meet over Zoom once a week.

"The silver-lining about being able to offer these sessions virtually right now is that more people in all of our Doane community can participate," Rediger said.

There are many benefits to participating in the Spiritual Direction Program, as it can help with stress, grief or crisis of faith. It teaches people how to ask questions and gain a new understanding of what they believe, which could be different than how they were raised. It is about finding beliefs that are unique to the individual person, according to Rediger.

Graphic by Kendall Meyer | The Doane Owl

"The primary goal is the individual. I care about each person in our Doane community and their spiritual growth. The secondary goal is that this is going to help us build that interfaith community at Doane," Rediger said.

Ultimately, this program can provide participants

with a "jumping off point" where they move on to what is next in their spiritual journey.

Interested students can email religious.spiritual@doane.edu to sign up for the Spiritual Direction Program's remaining sessions.

Tabitha prepares to allow visitors

ABRIANNA MILLER
Editor in Chief

Tabitha- Skilled Nursing and Long-Term Care in Crete has begun the process of distributing the COVID-19 vaccine to staff members and residents.

Administrator of Tabitha, Sherri Due said the facilities have partnered with Community Pharmacy from Gretna, NE to administer the three vaccination clinics on Dec. 30, Jan. 20 and Feb. 10.

"Tabitha in Crete did half of their staff and all their residents' first doses on the Dec. 30 clinic that was held in Crete. We chose to do half of the staff in case there were any side effects that would cause them to not be able to work. That way we had backup staff in case of this,"

Due said.

Due said "very few staff" members had side effects from the vaccination, and those that experienced effects reported body aches and fatigue.

Tabitha and the Department of Health and Human Services (DHHS) have established that once the Tabitha facilities reach 90 percent vaccinated staff and residents, indoor visitations can resume. Residents at Tabitha have had limited outdoor visitations since the beginning of the COVID-19 pandemic.

Due said indoor visits will be allowed on Feb. 24 if no COVID-19 outbreaks have occurred before then.

These visits, however, only extend to residents in the assisted living facility, not the long-term care facility.

"Unfortunately, nothing has changed for the long-term care facilities at this point. We are hopeful that it will, though," Due said.

According to Due, Tabitha staff have been precautionous during the pandemic. While the vaccination was offered to staff members, it was not required.

"I am very proud of our staff for taking COVID-19 serious[ly] and taking the proper steps to help protect those we care for. We have put processes in place for those staff who have chosen to not receive the vaccination," Due said.

Due said she hopes the COVID-19 vaccine will help reunite Tabitha residents with their loved ones in the near future.

Weekly Horoscopes

Aquarius (January 21 - February 19): This may be a week of conflict for you Aquarius. You try to avoid conflict but now is a good chance to work on your response.

Pisces (February 20 - March 20): There are going to be some events that are out of your comfort zone. Analyze whether these events are positive and embrace change.

Aries (March 21 - April 20): This is a week for you to acknowledge the important people in your life. Recognize what they do for you and thank them.

Taurus (April 21 - May 21): Be alert of anything or anyone coming in between you and achieving your goals. This week may test you so keep an eye out.

Gemini (May 22 - June 21): Cattle or anything cattle related is not your friend this week, best to stay away from all dairy products.

Cancer (June 22 - July 22): Life has been a real challenge these past few weeks, take some time for yourself and splurge.

Leo (July 23 - August 22): You have felt cooped up for too long. A change of scenery would do you good, regardless of how small.

Virgo (August 23 - September 22): Staying inside is the best course of action for you, take caution when leaving your home.

Libra (September 23 - October 22): Give a gift to a friend of yours who helped you overcome a difficult challenge, you don't want to lose them.

Scorpio (October 23 - November 21): Your aura is going to appear menacing to all except those who know your soft side, take care to show support to others.

Sagittarius (November 22 - December 21): Structure will help you a lot, plan out your day and be sure to include time for yourself, also don't forget to eat food.

Capricorn (December 22 - January 20): Always look on the bright side of things, never assume people know

Wellness day offers range of activities

EMMA RYAN
Staff Writer

Due to COVID-19, spring break has been called off for many schools throughout the nation to prevent students from traveling home and spreading the virus; however, Doane has given students a few days off throughout the semester.

There will be no classes Feb. 10, March 9 or April 29. In turn, many students have made plans for those days.

Out of 74 respondents, 57 percent of students said they are looking forward to the upcoming day off to catch up on homework, and 58 percent are planning on sleeping in and using the day to relax.

Many students recommended books, TV shows and movies to watch. Some of the top suggestions were "Wandavision" on Disney+, "Peppermint" and "New

Girl" on Netflix, "Shawshank Redemption" and the Netflix original series "Bridgerton."

Residential Life (ResLife), Student Council (StuCo), Tiger Wellness and Student Programming Board (SPB) are all sponsoring an eventful day for students to participate in on campus.

Starting at 9 a.m., the Student Wellness Action Team (SWAT) is hosting a Tik Tok Tone Up class at Fuhrer Fieldhouse. Yoga mats will be provided, and all participants will receive a Tiger Wellness T-Shirt.

At 11 a.m., there will be a push-up contest at Lakeside Café hosted by Reserve Officers' Training Corps (ROTC) and a Build-A-Boo station in Nyrop Hall sponsored by SPB. All supplies will be provided for students to make their own stuffed tiger.

From 1 to 2 p.m., students can have a H.O.R.S.E Contest in the George and Sally Haddix Recre-

ation Center and get Krispy Kreme Donuts outside of Perkins Library from 3:30 to 5 p.m.

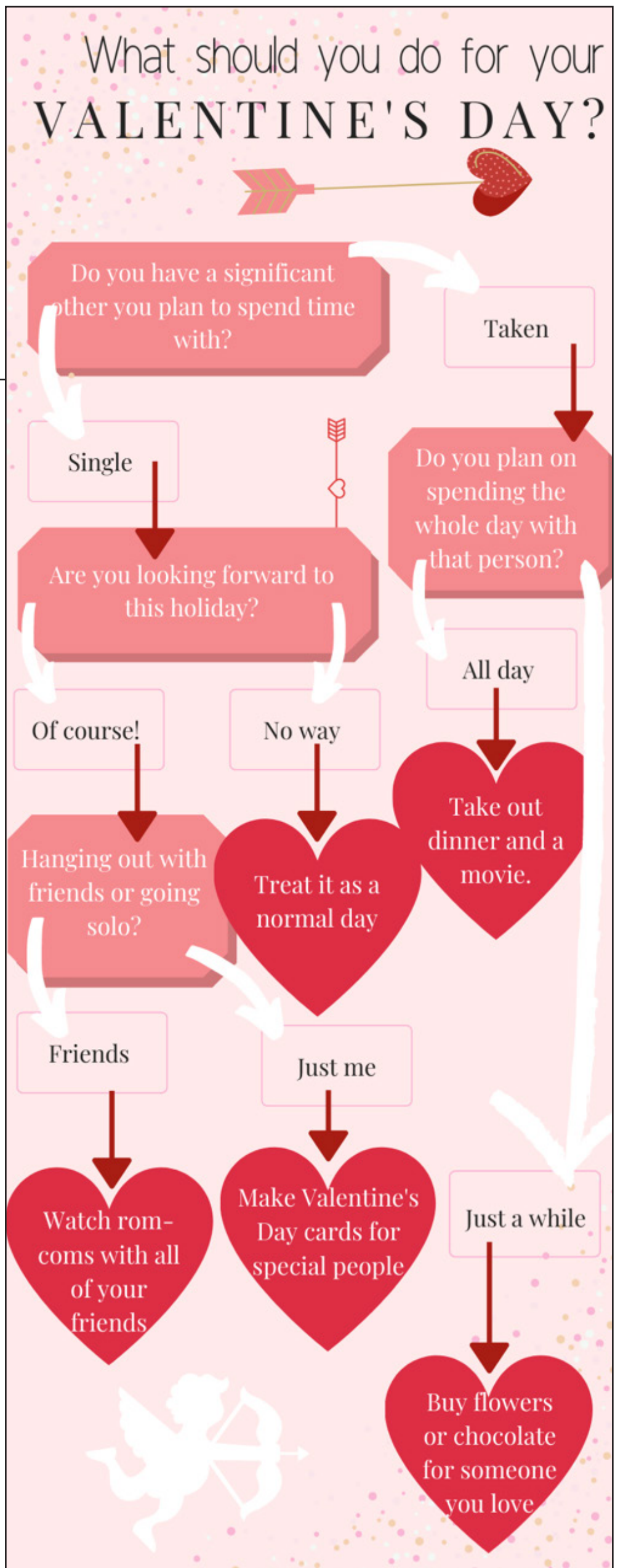
StuCo is also hosting a fundraiser at Lakeside from 5 to 8 p.m. where students can send a Crush soda and popcorn to their crush for \$3. Students will have the chance to win airpods, a speaker and blankets at the SPB Spikeball tournament at Haddix from 7 to 9 p.m.

ResLife is ending the day with Kahoot and Snacks from 8 to 11 p.m. Students can grab a snack box and a sticker at their Community Advisor's desk before the event begins.

Students are encouraged to sign up online for H.O.R.S.E, Spikeball and the Crush for Crush Fundraiser.

A complete list of events and links can be accessed at <https://rileysouchek.wixsite.com/tigerwellness>.

Tiger Time-out



COVID impacts Superbowl plans

JAMESON OFFICER-THURSTON
Staff Writer

Sporting events, as we know them, have changed drastically in the past year. Regulations on spectators going to watch sporting events have also changed.

Having one of the biggest sporting events in America happening during a global pandemic begs the question, 'how will I watch it this year?'

While many people may have adjusted their method of watching sports, there are still 81 percent of

Doane students watching the game one way or another, according to a survey sent out on Feb. 2.

That same percentage of people also said they watched the Super Bowl last year. When asked what they watched the Super Bowl for, a majority responded with the game itself. The next most popular answer was for the commercials that accompany the game.

This is no surprise, as Super Bowl commercials are known for their over the top entertainment.

Since there is a pandemic, many people changed

their plans on how to watch the Super Bowl, but the majority of Doane students, 63 percent, said they celebrated the same way they did last year. Celebrations consisted of hanging out with family and friends while watching the game and having a Super Bowl Party.

77 percent of respondents said it wasn't irresponsible of the NFL to have a Super Bowl this year even though we are in a pandemic, and 66 percent of respondents said the pandemic did not affect their Super Bowl plans.



Teaching never stops. Learning never ends.



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the Doane Owl

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The Doane Owl strives to inform, enlighten and entertain students, staff and faculty while maintaining high journalistic standards of accuracy and truthfulness.

The Doane Owl is published weekly under the authority of the Doane College Student Media Advisory Board. It is available every Tuesday of the academic year on www.doaneline.com or by requesting an attachment to an email from owl@doane.edu.

The Doane Owl Editorial board consists of: Abrianna Miller, Joey Winton, Kylie Hughes, Jose Villalpando, Kendall Meyer and Cassie Kessler.

The Doane Owl welcomes signed Letters to the Editor of 400 words or fewer. All submissions are due by 4 p.m. on the Sunday prior to publication. Submissions should be addressed to the editor and sent to the Doane Owl through campus mail, placed in the box outside of Gaylord 130 or emailed to owl@doane.edu. A hard copy of the letter must be signed in the presence of the Editor-in-Chief by 7 p.m. the Monday before publication. The editor reserves the right to edit all submissions for length and content.

Flag photo by Doane Athletics

- STAFF EDITORIAL -

Be safe over the one-day break

Even though Doane's spring break is sprinkled day-by-day throughout the semester, it is still important to stay safe.

The whole point of having break one day at a time is to reduce the risk of COVID-19 infection and transmission.

Don't disregard the safety regulations and policies because you want to simulate a normal break. Keep wearing your mask, social distancing and staying in.

Break should be a fun time, and it still can be. Watch a

movie, do some self-care and call those people that you've meaning to for the past few weeks.

Spring break isn't going to be the time that you imagined, and it's time you accepted that. Some adjustments are going to have to be made in order to stay safe and protected.

New strains of COVID-19 have been popping up across the country, some more contagious than the original virus strain, so be careful.

You don't want to be the

reason the entire campus or your whole family has to quarantine. As little as we know about COVID-19, we know less about the other strains.

It's time to get used to our new normal so we can move past the pandemic.

So, over break, please be careful. Don't be reckless and put your health at risk.

Doane has done so well at reducing the number of COVID-19 cases on campus. Don't let a one-day break put everyone back by weeks.

Without everyone on board with this idea, nothing is going to change.

Whether or not you believe in COVID-19 or the efficacy of face masks, be careful for the person who does.

Sacrifices have to be made in order to return to the Doane atmosphere that we all love.

Have a relaxing break, and make some time for yourself. Please remember to stay safe even if it is just one day out of spring break.

Take a break



JAMESON OFFICER-THURSTON
Staff Writer

There's just something about preparing a meal after a long day that you can sit down and enjoy with your roommates that takes the day's stress right away.

But, there are a multitude of hobbies out there for everyone to be a part of. Many choose to do crafts or perhaps join a recreational sports team. Some hobbies are harder to do now than others, like the latter of those options.

Whatever the case may be, if you didn't have a hobby before, now is the opportune time to find one.

Who knows, you could end up developing a skill that you didn't know you needed.

Going back to how I cook for myself and my roommates, I can now make an assortment of dishes, with the help of Pinterest, and feel confident that they'll come out to be delicious.

Maybe you don't want a hobby that is more creative but rather more active. Exercising in any form is a hobby in its own right; it's also a known de-stressor many people choose to do. Not only that, but by doing so, you can improve your mental and physical health.

So, I encourage people to go out and find a hobby or continue doing one that they've already found.

Tricky trends



EMMA RYAN
Staff Writer

In today's world, trends seem to come and go faster than ever. The Internet and social media create an outreach of entertainment, information, discussion, conspiracy theories and connections.

However, one of the hot topics of discussion lately has been the differences between Millennials and Generation Z (Gen Z).

Generally, anyone born between 1980-1995 is considered a Millennial, and people born from 1996-2012 are Gen Z.

It is said that politics, technology and workforce tend to have a large impact on determining a generation.

There is sometimes a gap or disconnect between gen-

erations. For example, I was born in 1999. I do not remember 9/11 happening because I was two at the time, but I didn't grow up using iPads in elementary school.

I think technology has a huge impact on one's childhood. It affects the way our parents raised us, the challenges and capabilities we had growing up and the evolution of society.

My twin brothers are currently freshmen in high school. They never had the opportunity to have an original Nintendo DS, a mini iPod Shuffle or jam to Kidz Bop CDs.

Although I am considered Gen Z, I think there are many differences between Gen Z's

that are now in their twenties and those that are just entering their teenage years.



Courtesy photo | Flickr.com

Pausing time



ABRIANNA MILLER
Editor-in-Chief

When I get stressed, I wish time would just stop for a few moments to catch my breath.

Sometimes all I want is to stop the clock and take the time to revel in an increasingly-rare peaceful moment.

I have caught myself trying to shape how I imagine stopping time would be when I'm with the ones I love most. Those moments in which I can forget that the day is on a sort of countdown are the most liberating minutes of my life.

All too often, my brain takes a shortcut to focusing on the negative stressors in my life instead of recognizing how lucky and fortunate I am.

Last Tuesday when my team and I were putting the paper together, I got incredibly overwhelmed. I was yell-

ing about my frustrations and psyching everyone in the room out.

Then I did something I normally wouldn't do: I took a step back. I took a moment.

I grabbed a stack of sticky notes and my pen and started writing notes to my team. Notes that had my appreciation for each person.

By consciously focusing on what I was grateful for, I was able to reset my mind. My team saw me take active steps toward thoughtful reflection, and it turned the night around.

Suddenly, nothing was as bad as I thought it was before. My mistakes became learning opportunities. Questions took on a new purpose. Everything became worth something.

While I would love to just hit the pause button every now and then, I've realized that I have to create those moments for myself.

No matter how horrible everything seems or how conflicted I feel, there has to be something valuable in every situation. Because if there isn't, then what are we even doing? What direction are we going in?

We have to find meaning in everything we do or else there is nothing worth working toward.

So, make a moment, don't just wait for one to present itself to you.



Cartoon by Joey Winton | The Doane Owl

TikTok seems to have taken this controversy of Millennials vs. Gen Z to the next level by comparing some key differences.

Some videos created by Millennials show off all of the Disney shows, toys and songs that the teenagers of today missed out on growing up. Others are jealous that middle schoolers now seem to have fashionable style and look like they are much older than they actually are.

Either way, it is intriguing to see how the culture is evolving from generation to generation.

Hot takes; live long and prosper

A weekly rating of random things by Joey Winton

JOEY WINTON
Managing Editor

A long time ago in a galaxy far, far away... Ladies and gentlemen, it's time for the main event. This week's Hot Takes is going to be the ranking to end them all-- that's right, it's Star Wars, baby!

I will be ranking all the Star Wars movies because Star Wars is a good thing that I like, and this is my ranking article anyway.

Each Star Wars title will be ranked based on criteria that I believe is most telling of their objective value. These criteria are quality of the movie or show, rewatchability, score and what it adds to the Star Wars universe.

Quality is the most important factor to me, as if I don't have a good time watching the movie, it's going to receive a low score even if it has a killer score and amazing lore.

Rewatchability is pretty straightforward, as there are some movies that are endlessly rewatchable while others I can barely stomach more than one viewing every couple of years.

Score is pretty simple as well, as some Star Wars movies have in-

credible music, and while John Williams is to thank for a majority of them, credit should also be given to John Powell (Solo's composer) and Michael Giacchino (Rogue One's composer). While not a crucial determining factor for this ranking, the score is still pretty vital to what makes Star Wars so great.

The final category is what the movie adds to the Star Wars universe as a whole. What new elements does the movie add to the existing story of Star Wars, and how unique and inspired is the lore to it?

S Tier- The movies here are hands down the best of the best of Star Wars. Everything from the story, to the music, to the lore is flawless and endlessly rewatchable.

A Tier- While not good enough to reside amongst the best, these movies are still a ton of fun to watch and talk about, and if one or two things about the story, music or lore were changed, these movies could ascend to S Tier.

B Tier- These movies are enjoyable to watch for the most part, but they could just as well be any other movie set in space. For Star Wars, they're neither great nor

horrible, but they don't manage to capture the magic of what made the ones above so amazing. For that, they must reside in the average tier.

C Tier- The movies here are pretty bad minus a few redeemable qualities. There are too many flaws in the story, characters or writing that prevent these movies from even being average.

F Tier- These movies are so bad even most Star Wars fans despise them.

While they might have a pseudo-cult-following in the way that some other bad movies do, it is not enough to justify the time and money the producers and directors put into these movies.

*Note: All rankings are final and no amount of hate/convincing will change my mind

S Tier: (The best)- Empire Strikes Back, A New Hope

A Tier: (Second Best)- Revenge of the Sith, The Last Jedi, Return of the Jedi, Solo

B Tier: (Average)- Rogue One, The Force Awakens

C Tier: (Below Average)- Phantom Menace

F Tier: (Garbage)- Attack of the Clones, Rise of Skywalker

Again, let me say: no amount of debating with me will change my mind so please save yourself the time and energy, you have better things to do than argue with a college kid about tier lists.

Do you have a topic you want me to make a ranking of? Email me at joey.winton@doane.edu with the subject line Hot Takes and I might write about it!



Courtesy photo | Flickr.com

Prioritize making time for yourself



JOSE VILLALPANDO
News Editor

As it stands right now, I've been pretty busy with a lot of work lately, as a lot of other students probably do too, but it would be an understatement

if I were to say that the start of this semester has been a pain.

I knew that coming back to campus would mean switching back to my old schedule and putting myself back into "work mode," but it seems as though the start of this semester has been especially hard.

From back-to-back homework assignments, mini-projects and all things alike, it's been pretty hard stepping back and making more time for myself to relax. If not for the weekends, I think I'd probably crash to be honest, but thanks to them, I get a lot more

chances to slow down and take breaks with the time I can spare.

This past week, especially, has been packed with work, so I got lucky when I saw that I didn't have as much this past weekend, meaning I could afford to take a good, long break.

After finishing the work that needed to get done, I did absolutely nothing of value, and it was amazing.

Lately, in my free time, I've been playing a bit of "Nioh 2." However painful it might be at times, it just feels good to be able to step back and play something for myself again, which is definitely needed.

Taking these kinds of breaks help me settle down and refresh after a potentially painful week of work, or, if we're talking about this semester in particular, pretty much every week.

If you're ever having a hard time with all of the work that you may have, step back for a few seconds. Think about how long you may have for all of the work until it needs to be done, and see if you can plan out a good break for yourself.

Trust me, the last thing you need is to

burn out while doing all of that work. It'll be hard to maintain motivation to persevere through it.

It may not be the case for everyone, but I prefer to do all of my work in one sitting, not spacing anything out. That only goes to contribute to the pain that comes with finishing my work.

It's important to let yourself relax, even if it's just for 10 minutes to grab a snack before starting back up again.

Overall, don't forget to sit back and take a break every so often. Your body will thank you for all the extra relaxation you'll get.



Cartoon by Joey Winton | The Doane Owl

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...THUMBS UP

Buffalo Chicken [thumbs up icons]

[thumbs up icons] Remotes

Scorpions [thumbs down icons]

[thumbs up icons] Baby Goats

Mops [thumbs down icons]

The Doane Owl editorial staff cast their opinions on different current topics and their responses are represented in 'Thumbs Up, Thumbs Down' every week.

THUMBS DOWN...

GPAC champions for the first time

CASSIE KESSLER
Sports Editor

On Friday Feb. 5, 2021, the Wrestling Team travelled to Morningside College to face off against the Mustangs. On the line was the Great Plains Athletic Conference (GPAC) regular season title, and both teams were in prime position to win.

Although this match was extremely important and had a substantial reward for winning, members of the team said there were not many nerves heading into it.

Sophomore Samuel Dunwell said the Team was ready to go have fun while competing, knowing they were well prepared.

"We have, as a team, tried to stay pretty relaxed, just focus on going out and having fun and compete at a high level," Dunwell said. "We have done all of the work throughout this season, so during this time of year, we just focus on sharpening our technique and weight management."

Just because the team was controlling their nerves does not mean the match was not signif-

icant to them.

Sophomore Tristan Zamilpa said he knew the results of the match would mean much more than just another win or loss.

"This match was so important to us because we were wrestling for something bigger than just our own self glory. We were wrestling to make history and to be the university's first GPAC champions for wrestling, so it meant a lot for me and my teammates to come on top and receive this well-earned title," Zamilpa said.

After a well fought match, Doane was victorious with a final score of 22-21 over Morningside.

Junior Daniel Vargas, junior Baagii Boldmaa, junior Garrett Cornwell, sophomore Bradley Antesberger, and sophomore Brandon Antesberger all secured victories for their team, and now they look to what is coming next.

"We can use this win to keep the momentum going and build off of it," Dunwell said. "It is a great feeling to win the conference, but we're not done yet, and we will continue to build off of it."

"This match was so important to us because we were wrestling for something bigger than our own self glory"

Tristan Zamilpa
Sophomore

The team is now focused on the next big opportunity, which is becoming national champions. As they continue to work, their drive and motivation to make it all the way will fuel them through the following weeks of practice.

"I'm most looking forward to the rest of the season playing out and seeing if me and my teammates can get the job done at the national tournament," Zamilpa said. "We all want something bigger than the GPAC title, and that's what I love about my team. We always are trying to better each other and we don't settle."

The NAIA National Championship for wrestling will occur March 5 and 6 in Park City, Kansas.



Courtesy photo | Doane Athletic Department

The team poses with the GPAC Championship trophy after the final match.



Courtesy photo | Doane Athletic Department

Sophomore Bradley Antesberger faces off against his opponent that he would later defeat and secure another victory for the Tigers.

Basketball teams fall to Morningside

CASSIE KESSLER
Sports Editor

Last week, both the Men's and Women's Basketball team travelled to play against Morningside College. While neither team was able to secure a win, both teams battled it out on the court and are already preparing for the next game.

Going into the games, both teams had practiced all week in order to prepare. Senior Zach Witters knew this week would be important for his team to get ready for this game.

"We needed to have a good week at practice if

we wanted to be a top ten team," Witters said. "We just want to end the season on a high note, so we were all very focused."

Traveling before games is different than home games, but both teams try not to let that affect them. Freshman Olivia Nall focused on other activities during the ride instead of worrying about the game.

"Traveling to our games can be a little rough sometimes, but I always end up just looking over the scout so I am ready for the game," Nall said. "I am not worried about travelling at all, but the bus rides seem a

little long on game days just because of pre-game jitters."

While both teams seemed to be strong and prepared going into the game, things slowly started to go south along the way. The Men's team, who went into the second half neck and neck with Morningside, gradually started to fall during the second half.

"We let them go on a run, and we lost what we were doing in the first half," Witters said. "We did not execute nearly as well in the second half as we did in the first half."

However, a loss, while unfortunate at the time,

is a good way for the teams to learn about themselves. It shows them what worked that time and where they need to improve for the next game.

"A loss results in figuring out our mistakes and taking the time to fix them in and outside of practice," Nall said. "How can we get better for the next game? What do we need to do to improve on the court? We should be thinking about these questions every day."

Both teams are still working things out but have each other to count on. Having a strong team

bond is what keeps them together no matter what the outcome of the game is.

"I feel that we are still figuring out little things within our team, but we are all so close that we do whatever we can to figure it out," Nall said. "We are very fortunate that our team chemistry is very strong."

Looking forward, the teams are preparing for the last few games of the season and are getting ready for their next opponent.

"We want to sweep Midland and end the season on a strong note," Witters said. "We want

to give the guys some momentum going into next year."

Despite the outcome of any game, the teams remain close with each other.

"I am looking forward to getting closer with my team and snatching some wins before our season comes to an end," Nall said. "I love playing with the girls and can't wait for many more seasons with them."

Both teams will travel to Fremont, NE in order to face off against Midland University on Feb. 10 in one of their last games of the season.



Courtesy photos | Doane Athletic Department

Freshman Olivia Nall shoots a layup against Morningside after stealing the ball.



Courtesy photo | Doane Athletic Department

Freshman Olivia Nall stands ready on defense to guard her team's hoop.

Track travels to Concordia

SARAH DALY
Communications
Manager

Doane Track and Field traveled to Concordia University on Friday, Feb. 5th to compete in the Concordia Classic. Between the men's and women's teams, there were 13 event wins and nine new or improved NAIA Top 20 marks.

Senior Allison Skala recorded a toss in the women's shot put at 13.59m (44-07.00). This

put Skala in the top spot in the NAIA. This was Skala's second attempt of the day and a personal best.

Senior Mackenzie Brandl of Stanton, Nebraska won the 200m dash with a time of 26.09 seconds (converted time of 25.69). This was a personal best for Brandl and put her 15th in the NAIA.

The men's indoor track team won 10 events at Concordia.

Senior Mat-

thew Campbell from Ainsworth, NE threw a personal best in the shot put with a winning throw of 16.49m (54-01.25). This also moved him to 5th place in the NAIA.

Sophomore Byron Pfister of Bassett, NE won the long jump with a jump of 6.88m (22-07.00). Teammate Carter Reckling, a freshman from Crete, won the high jump clearing 1.88m (6-02.00).

The 4x400m relay team consisting of ju-

nior Austin Drake from Allen, Texas, Reckling, freshman Zach Turner from Crete, and senior Logan Hammond from Ogallala, Nebraska, ran a time of 3:23.35 minutes. This time won the relay event.

Tiger Indoor track will go back to Seward on Saturday, February 13, to compete in the Concordia Invite. This will be the final meet before the GPAC Championships.

Athlete of the Week

Doane

Wrestling Team

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