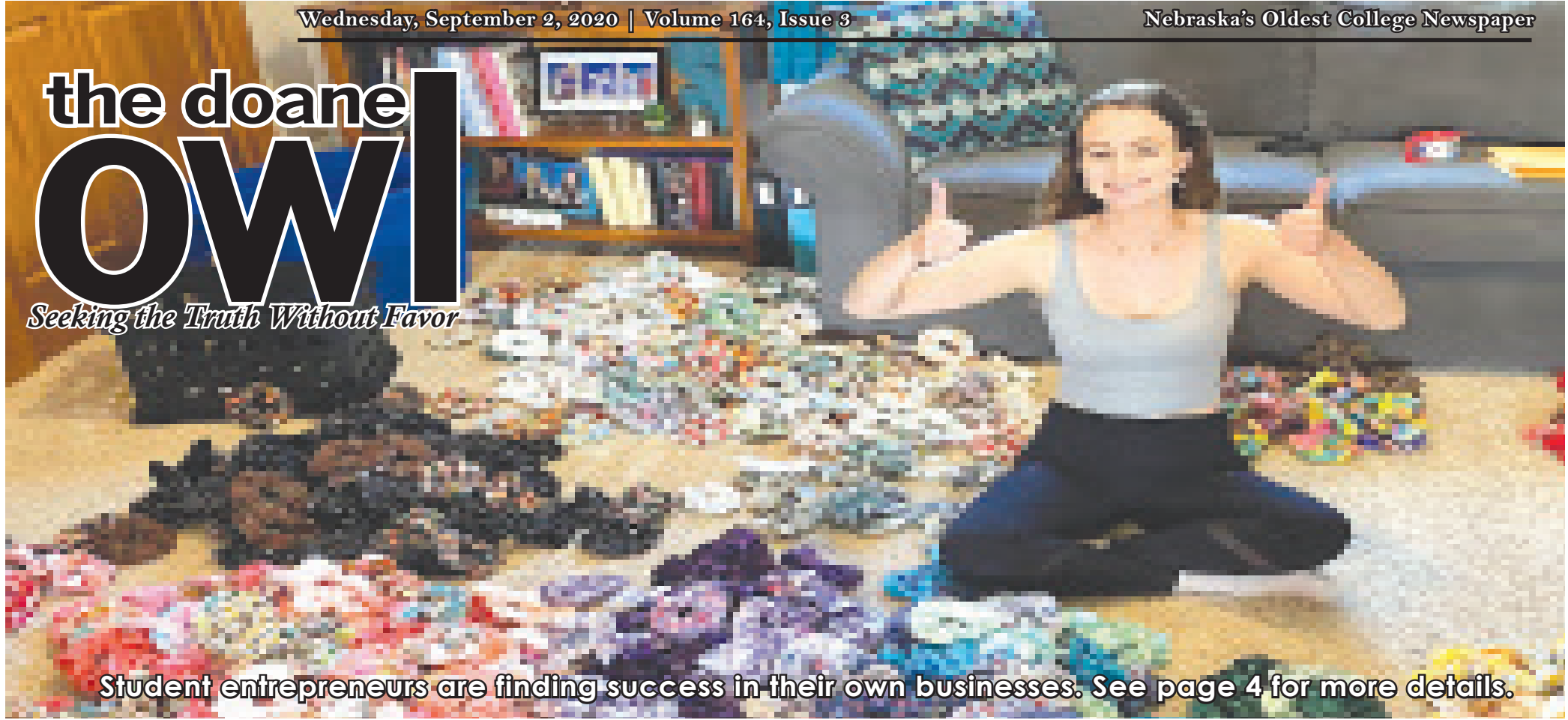


the doane OWI

Seeking the Truth Without Favor



Student entrepreneurs are finding success in their own businesses. See page 4 for more details.

Overdosing, inform yourself

Drug overdoses still a major problem nationally

MEAGHAN STOUT
Editor-in-Chief

Aug 31 was International Overdose Awareness Day. In order to protect yourself and friends, know the signs of a drug overdose and what to do in an emergency.

Myron Parsley recently sent out an email on behalf of Active Minds

to all Crete students that contained a link to an informational PDF on drug overdose.

Nebraska has the Good Samaritan Drug Overdose Immunity Law, this means if you or someone else is experiencing a drug or alcohol overdose, you can call 911 without being charged with a Minor in Possession or any other drug violations.

This law allows minors to call 911 when someone is experiencing a drug or alcohol overdose, without having to worry about getting into legal trouble. It also allows adults to call for help without fear of punishment when using substances that would

otherwise result in drug charges. The law puts the health and safety of people experiencing drug overdoses first rather than discouraging people from calling for help when in an emergency.

In order to receive immunity from drug-related charges in an emergency situation, do not leave the scene.

“After calling 911, remain on scene and cooperate with police and medical officials in order to receive this immunity,” the PDF from Active Minds said.

The PDF also includes vital information for how

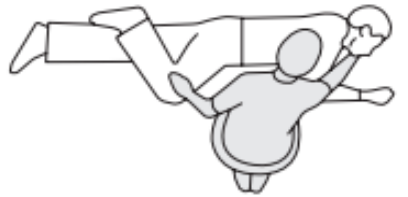
SEE OVERDOSE | PAGE 2

The Recovery Position

Support face Place the arm nearest to you at right angles to the body. Place their other hand against their cheek.



Lift Leg Get hold of the far leg just above the knee and pull it up, keeping the foot flat on the ground.



Roll over Keep their hand pressed against their cheek and pull on the upper leg to roll them towards you and onto their side.



Courtesy graphic | overdoseday.com

This is the recovery position to be used in emergency situations with drug overdoses.

Doane shares risk assessment site

SALEM KESSLER
Staff Writer

After the first week of classes, Doane University sent out an email detailing the release of a website that gives risk dial assessments of each campus.

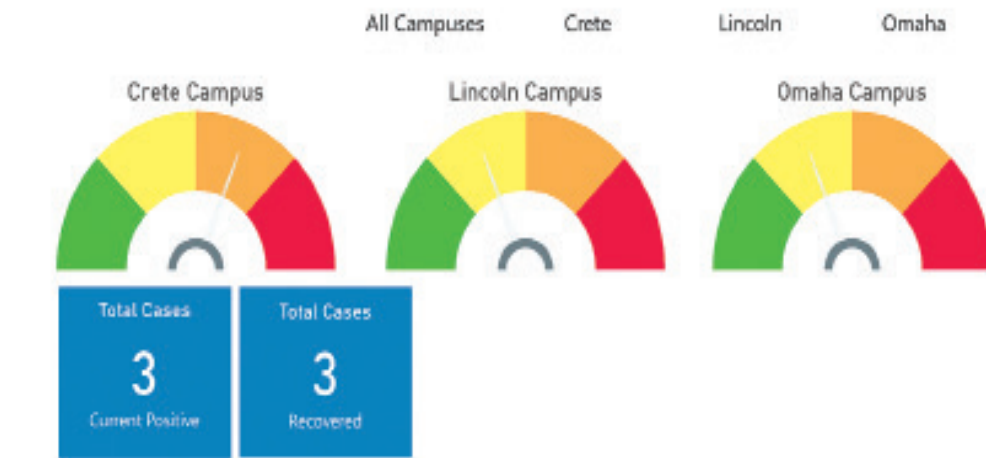
Throughout the semester, this page will be updated daily with emails being sent out each week with the cumulative information. Each campus will be rated on various different elements that can put them in four separate categories: low (green), moderate (yellow), high (orange) or severe (red).

Included with the categories, students will be able to see the number

of positive cases on their campus as well.

The factors that will be considered are: the number of positive cases among students, staff and faculty, the number of positive cases in the county, the number of significant exposures to someone who has tested positive, quarantine spaces available on campus, student, staff and faculty concerns, availability of PPE/sanitation supplies, COVID-19 behavioral compliance and local ordinances or other government mandates including CDC recommendations.

The first risk assessment was sent out on Aug. 21 with a link to the school's website for the assessment as well as the current risk dials for



Courtesy photo | Doane University

Doane's risk assessment can be accessed on Doane's COVID-19 Dashboard.

each campus. Lincoln and Omaha were both at moderate (yellow) risk.

However, Crete was at high (orange) risk. At the time of the email, there were two positive cases among students, staff or faculty on the Crete cam-

pus. Currently, on Aug. 29, the Crete campus is still in the high (orange) risk zone. There are three individuals who have tested positive and were sent home along with two students who have

tested positive but have recovered from having COVID-19.

On the website, there is a description of an outline plan for each phase and what could happen if/when a campus reaches a certain risk dial.

For Crete, there are going to be continued restrictions on campus activities, the amount of people in certain spaces, the cafeteria hours and many other things until the dial reaches a lower number.

On Aug. 28, an email was sent out to Crete students discussing the lifted restrictions on campus activities which allowed student groups to meet. However, there is currently no outline for how those groups will be able to meet.

Face coverings are mandatory on all campuses but on Crete's campus, they are also required in any dorm building, communal space or anywhere social distancing is unable to be maintained.

Donations more important than ever

ABRIANNA MILLER
News Editor

Donations are arguably more important than ever in this time of unemployment to compensate for sharply increasing healthcare costs and uncertainty. Many organizations continue to accept donations despite the risk of COVID-19 in an attempt to provide assistance to those who need support the most.

Jami Kassebaum, Donor Recruitment Assistant Manager with Nebraska Community Blood Bank, said it's hard to keep a steady blood supply with the pandemic. Many people are concerned about contamination and health risks involved in blood donation, especially with

COVID-19.

“Almost 6,400 units of blood were not collected due to nearly 300 blood drives being canceled. With businesses not going back to work and high schools limiting visitors, the lingering effects of COVID will continue to impact the blood supply,” Kassebaum said.

The Nebraska Community Blood Bank has increased their already-thorough sanitation practices with mask requirements, temperature checks and extra cleaning.

A blood drive will be held on Doane's Crete campus on Sept. 17 from 9 a.m. - 2 p.m. at Perry Campus Center. Appointments can be made online at the Nebraska Community Blood Bank's website

or by calling (402) 486-9414.

Jeff Hagaman, pastor at First Congregational Church in Crete, said donations have not changed much even with the pandemic. He said the most notable changes have been delivering goods to people who are quarantined, wearing gloves and mandating face masks in the church.

Hagaman partners with Crete Cares, the Crete Backpack Program, Sixpence, Walmart and many other organizations in the area to provide assistance to Crete families.

“We've had more donations, financial especially, just because some people in the community didn't need their government stimulus checks, so they donated them to

Crete Cares or the Backpack Program,” Hagaman said.

Hagaman tries to find families that need assistance the most. He said landlords are now able to kick people out if they can't meet their rent, so he works with those individuals to help them stay in their homes. He does this by sending payments to utility companies or sending gift cards to people to reduce contamination.

The Backpack Program usually has a large fundraising event this time of year but that has been unable to happen with COVID-19. Hagaman said any donations for the Program would be extremely appreciated.

As for school supplies, Andrew Brown, Assistant

“Almost 6,400 units of blood were not collected due to nearly 300 blood drives being canceled.”
-Jami Kassebaum

A blood drive will be held on Doane's Crete campus on Sept 17 from 9 a.m. - 2 p.m. at Perry Campus Center

Appointments can be made online by calling (402)-486-9414 or by visiting the Nebraska Community Blood Bank's website

If you're interested in giving a monetary donation for school supplies visit <http://www.givecampus.com/schools/-DoaneUniversity/back-2-school-drive#updates>

Graphic by Joey Winton | The Doane Owl

Director of Leadership and Service, organized a Back 2 School drive for Crete schools. All volunteers who assembled and

Travel restrictions affect some students

KYLIE HUGHES
Life & Culture Editor

When President Trump passed a travel ban that halted all unnecessary travel to and from specific countries, for many, it was only a matter of not being able to go on this year's summer vacation. However, for international students who come to the United States for an education, it was a very different story.

It was May 24 when Thiago Costa, junior, realized that getting to school this year was going to be more difficult, mentally and financially.

According to the U.S. Department of Homeland Security, May 24 was the day that Brazil, Costa's home country, was added to the list of countries that have travel restrictions.

This means that anyone who has been in Brazil, among several other countries, in the past 14 days cannot enter the United States. To get into the U.S., individuals from those countries must quarantine in a country that is not on the list.

For Costa, quarantining in Mexico would be his most realistic option.

As a soccer player for Doane, Costa had been in close contact with his assistant soccer coach, Luis Castaneda. After hearing of Costa's situation, Castaneda knew that he needed to help. Once an international student himself from Mexico who played soccer for Doane, Castaneda thought about all of the people at Doane who helped his getting a degree a reality and knew that he could be that person for Costa.

When Castaneda reached out to his family in Mexico City to ask if they would be willing to take Costa in for 14 days, they were fully supportive. Castaneda said that his mother naturally helps without hesitation, so it was a quick conversation.

"I'm willing to help because people have helped me. That's just part of being Doane and being a tiger, and being part of this big family," Castaneda said.

Once Costa found a place to quarantine for 14 days, he had to find a way to cover all of the extra expenses.

Most years, Costa only had to pay for the plane ticket to come to the U.S. However, this year he must pay for another international plane ticket as well as pay for added expenses that come with his 14-day quarantine.

Costa knew it would cost him twice as much to get to school this year. He was not sure it was going to be worth it. Yet, he was already paying for rent, electricity, wifi, etc. in Crete, so he talked to his parents who promised they would make an extra effort to help. That also included asking his grandmother for financial help.

It was not only Costa's own family who offered him help but it was the Castaneda family as well.

"They are taking care of me and giving me everything I need. I don't have words to explain

what they are doing for me," Costa said.

Since August 17, Costa has been quarantined in Mexico with Castaneda's family. His days are filled with remote learning, homework and exercise since he cannot go out.

Even though he has spent the past two weeks in a foreign country with a family he just met, he looks to the positive side

of things.

"Even if it is a little bit, I get the chance to know Mexico. I am getting to know the culture just a little bit and I am enjoying the food," Costa said.

Though there are some benefits to being quarantined in Mexico, Costa looks forward to being in class and talking with his professors and peers in person

as, like most people, he has not been in school since March.

To other students who are also in quarantine he offers advice.

"Keep your mind straight. Everything will be fine in the end. Be mentally strong. Enjoy your family. Most important, when you go out, wear your mask," Costa said.



Courtesy photo | Thiago Costa
Costa stands with the Castaneda family who he has been staying with in Mexico during his quarantine. From left to right Jose Luis (Father), Luis Fernando (brother) and Elena (mother).

Students experience living off-campus

MADI WARRELMANN
Communications

Oh, the joy of living with peers. College is the only time in life when it's normal to live with friends or fellow students. Most students at Doane live on-campus in one of the residence halls. However, sometimes students are allowed to live off-campus.

Myah Keenportz, junior, is one of these students.

"With all of the new changes this upcoming year, with one of the quad buildings being closed, it was a lot easier for me just to live off-campus," Keenportz said.

She mentioned that another benefit of living off-campus is being able to control how clean her space is and who would be coming and going.

Other common reasons for deciding to live off-campus include not wanting to share a room, saving money and seeing family more.

Junior Ceci Barr is also living off-campus this year. Barr said her reason for opting out of living on-campus this year was that she missed seeing her family. Now that Barr is living at home, she enjoys being able to spend more time with them. Additionally, she doesn't mind not having to pay for room and board at Doane.

Because Barr is living at home, she only had to send in paperwork to prove this. Keenportz had more of a tedious process to get approved to live off-campus because she had to make sure she met the 90-credit requirement. The 90-credit rule is based on the number of credits a student at Doane should have by their senior year. Keenportz took classes this summer to become eligible to live off-campus even though she is a junior.

"They were willing to work with me," Keenportz said.

There are a few concerns students have about the application process for living off-campus. Keenportz wished there was a section on the application where students could explain their situation in more detail.

Another student living off-campus this year is senior Matthew Jamison. Jamison was approved to live off-campus due to his senior status. However, two of the people he had been planning to live with were not able to get approved. One of them had barely missed the credit requirement, while the other one wasn't able to get an exception approved even though another one of his roommates was approved with the same exception. This situation led Jamison to believe the process

for getting approved to live off-campus can be subjective at times.

Megan Failor, Director of Residential Life and Education, was able to offer some insight into the process for living off-campus. According to Failor, students can apply to live off-campus if they meet one of the following criteria: 90 completed credits, commuting (living at home), being married or having a dependent child, student teaching or extenuating circumstances. The extenuating circumstances category is left for any exceptions that do not fall under any of the other categories. Approvals to live off-campus with an exception in this category are rare.

As far as changes to the approval process due to COVID-19, there were only two small changes. Residential Life accepted applications for this semester late, and also removed a portion of the application for commuter students specifically that is usually done in person.

Failor encourages students to be conscious of housing information and to stay on top of any updates that may be released.

"Please don't hesitate to ask questions, the Residential Life team is available to answer your questions," Failor said.

Weekly Horoscopes

Aquarius (January 21 - February 19): Allow yourself to explore what your intuition is telling you, take notes, and you'll soon know how to proceed. Your gut will show you the way.

Pisces (February 20 - March 20): You might be feeling frustrated this week but don't give up, pisces. You have this!

Aries (March 21 - April 20): Get in touch with your feelings this week and take time for your emotions.

Taurus (April 21 - May 21): Get involved with something soon and find your place. You are in need of some strong roots.

Gemini (May 22 - June 21): Be ready to take on some new projects this week, Gemini!

Cancer (June 22 - July 22): You might be itching to get out of your comfort zone this week. Do it! Have fun and enjoy yourself.

Leo (July 23 - August 22): You're ready to step into some new energy this week, something exciting and happy. Be in the spotlight.

Virgo (August 23 - September 22): Think for yourself this week, virgo. It's your season!

Libra (September 23 - October 22): Set up times to meet up with friends or family. You are in need of some close contact with those you love.

Scorpio (October 23 - November 21): You'll want to hit the pause button on professional projects in order to take care of yourself in a gentle, self-compassionate way.

Sagittarius (November 22 - December 21): Getting in the weeds of your feelings together can ultimately help you heal and move forward.

Capricorn (December 22 - January 20): You might be feeling restless this week. Look for ways to expend this energy.

Students affected by new meeting protocols

New COVID protocols have made it impossible for student groups to hold meetings

CASSIE KESSLER
Staff Writer

Due to COVID-19, many students have to find new ways to socialize outside of class.

Coming to college, many new students worry about meeting new people and finding friends. One way that students can meet people and branch out is by joining student groups and going to meetings. This allows them to meet new people and find a group they can associate with and rely on. However, this year things look a little different.

With coronavirus changing many things on college campuses this year, student groups are having to adjust the way they interact. Sophomore Kalen Dockweiler, who is a member of the Fellowship of Christian Athletes and is a mentor for the Directions Program, has nothing but fond memories about his groups' meetings from last year.

"The best part was just being able to be there together and have fun and see the

smiles and the reactions of people to certain questions," Dockweiler said. "The camaradery and the togetherness when you're in person is a lot different than being online and looking at a screen."

This year, a majority of student organizations and groups will be meeting via Zoom or in socially distanced situations, so meetings will not be conducted like they normally would. One downside to Zoom is all the distractions it poses.

"You have a lot of distractions when you're online, especially at home or in your dorm with your roommates because everyone is doing something different, so you're trying to pay attention to Zoom and also pay attention to everything going on around you outside of Zoom," Dockweiler said.

However, this is not the only issue that students are worried about. Freshman Elysi Sierra-Valle, who is a member of the Doane University Latino Student Association, is concerned about being able to fully immerse herself without meeting everyone else involved.

"I feel like a lot of the upperclassmen are going to stick together because they already know each other and we can't really interact with each other, and I think the freshmen are also going to stick together because we know each other from orientation or from past school," Sierra-Valle said.

"I think meetings can bring the freshmen closer to the upperclassmen in most groups and having this difficult style of meetings might put a hold on the personal feelings,"

Drew Pennington
Sophomore

Upperclassmen have already started considering how these virtual meetings will affect the new freshmen. Sophomore Drew Pennington, involved in the fraternity Alpha Pi Epsilon and in the National Association for Music Education, believes that it might not be as easy as last year to get freshmen involved.

"I think meetings can bring the freshmen closer to the upperclassmen in most groups and having this different style of meetings might put a hold on the personal feelings," Pennington said.

With coronavirus already altering so much this year, student groups are just more organizations that will have to adjust to the new challenges posed. Following all rules and guidelines will make things slightly more difficult, but all students are striving to make their group work just as well as in previous years.



Courtesy photo | Renee Lukowicz

Etsy showcases various hand-made products such as these masks made by Doane student, Renee Lukowicz.

Entrepreneurial endeavors of students

Students capitalize on creativity

SARAH DALY
Multimedia Coordinator

It is no surprise that Doane students exceed expectations but a couple of students have taken on the role of being self-propelled entrepreneurs while balancing a full-time class schedule.

Renee Lukowicz is a senior this year at Doane and majors in Business Administration with Leadership and Accounting minors. Also on campus, Lukowicz is a member of the Student Congress. On top of that, she runs a mask-making business.

At a young age, Renee Lukowicz learned to sew from her mother but re-taught herself earlier this summer. Lukowicz wanted to use her talents to encourage people's safety at an affordable price. Around

campus, Lukowicz has seen around 20 Doane students wearing masks purchased from her.

"It is very rewarding to see my product because I have spent so much time perfecting it," Lukowicz explained.

To make a mask, it takes Lukowicz an average of seven to nine minutes and prices start at \$5 per mask without deals. You can add deals that increase the pricing as well. You can have your masks shipped to you for an additional cost or setup a contactless pick up. To order your masks, you can email Lukowicz at renee.lukowicz@doane.edu or fill out her google order form.

Brooklyn Stara is a junior English Language Learning major with a Secondary Teaching endorsement. She is the owner of "Brooklyn Stara Crafts" on Etsy.

Stara has had her shop since May 2019 but has been going to craft fairs since 7th grade. Stara's Etsy shop sells home-made fashion scrunchies. Last July, Stara celebrated her 2,000th sale from her Etsy shop.

Stara said it takes approximately three minutes to make a single scrunchie and there are many different prints and styles to choose from. A single scrunchie is \$3 or \$5 for two. In Stara's online store, if you spend more than \$20, there is an automatic 10% discount applied at checkout.

She said around four Doane students have purchased from her but is excited to spread the word of her business. To find her store, you can search "Brooklyn Stara Crafts" on Etsy.com and Instagram.

Tiger Timeout

		6			5	2	
	1	5	2	7		8	
3			6	9			
	4	7			6		
6	5			4	8	7	
2			6			1	
	3	9	8			4	
1	8	2		4	3		6
				5			

Courtesy of Doane Computer Science Department

The answers to this week's Tiger Timeout will be in next week's issue

The answers to last weeks issue's Tiger Timeout

5	1	4	7	8	9	6	2	3
9	2	7	6	3	4	5	8	1
3	8	6	1	2	5	4	7	9
6	7	1	4	9	8	3	5	2
8	4	3	5	7	2	1	9	6
2	9	5	3	6	1	7	4	8
7	6	8	9	5	3	2	1	4
1	5	2	8	4	6	9	3	7
4	3	9	2	1	7	8	6	5

TESAR ESTATE FARM AUCTION

Saturday, Sept. 12, 2020 • 9:00 a.m.

LOCATION: 22401 SW 114th St., Crete, NE
From Crete, NE, take Hwy. 33 east to 114th St., then south approx. 4.5 miles.
— Watch for auction signs —

SELLING:

Tractors • Combines/Harrows • Hay/Cattle Equipment
• Grain Trucks • Tillage Equipment • Dozers/Back Hoe
• Shop Equipment • Buildings to be Moved • Misc.

Viewing of equipment:
Sept. 10 & 11 • 1-5 p.m.
Office: (402) 826-5302
Col. Darryl Novak: (402) 641-7213
Carl Troy Novak: (402) 641-1526

For complete list, view our website: novakauctionservice.com



Looking for work in Nebraska?



Visit www.NEHires.com for more job postings. Search by region of the state, job category, keyword. You can also link to individual newspapers' online job postings from NEHires.com.

See what Nebraska employers have to offer!

the Doane Owl

Doane University
1014 Boswell Ave.
Crete, Neb. 68333

EDITOR-IN-CHIEF
Meaghan Stout
meaghan.stout@doane.edu

MANAGING EDITOR
Josh Bundy
josh.bundy@doane.edu

COPY DESK CHIEF
Joey Winton
joey.winton@doane.edu

NEWS EDITOR
Abrianna Miller
abrianna.miller@doane.edu

LIFE & CULTURE EDITOR
Kylie Hughes
kylie.hughes@doane.edu

SPORTS EDITOR
Josh Bundy
josh.bundy@doane.edu

ART EDITOR
Riley Souchek
riley.souchek@doane.edu

AD MANAGER
Meaghan Stout
meaghan.stout@doane.edu

FACULTY ADVISER
Eric Tucker
eric.tucker@doane.edu

EDITOR-IN-CHIEF OF DOANELINE.COM
Meaghan Stout
meaghan.stout@doane.edu

MULTIMEDIA COORDINATOR OF DOANELINE.COM
Sarah Daly
sarah.daly@doane.edu

The Doane Owl strives to inform, enlighten and entertain students, staff and faculty while maintaining high journalistic standards of accuracy and truthfulness.

The Doane Owl is published weekly at under the authority of the Doane College Student Media Advisory Board. Circulation is 700 issues per week. Single copies are free to Doane students, faculty and staff. Subscriptions cost \$50 per semester.

The Doane Owl Editorial board consists of: Meaghan Stout, Joey Winton, Abrianna Miller, Kylie Hughes, Josh Bundy and Riley Souchek.

The Doane Owl welcomes signed Letters to the Editor of 400 words or fewer. All submissions are due by 4 p.m. on the Sunday prior to publication. Submissions should be addressed to the editor and sent to the Doane Owl through campus mail, placed in the box outside of Gaylord 130 or emailed to owl@doane.edu. A hard copy of the letter must be signed in the presence of the Editor-in-Chief by 7 p.m. the Monday before publication. The editor reserves the right to edit all submissions for length and content.

Flag photo courtesy of Brooklyn Stara.

- STAFF EDITORIAL -

Chadwick Boseman

American actor Chadwick Boseman died Aug. 28, 2020. Possibly the most notable film he starred in, "Black Panther," inspired millions of people across the globe.

We are deeply saddened by the news of Boseman's passing.

He inspired people of color to recognize and embrace their power. Children looked up to his character, young adults felt empowered by his passion and adults grew as people from his character's lessons.

Boseman completed several films before his death, all

while battling colon cancer. His bravery and dedication to his craft is something we can all strive to come close to.

The representation of minorities cannot be underscored and Boseman provided the world with a courageous and admirable icon to look up to.

We hope Boseman's family finds peace and comfort in this unbelievably difficult time.

Boseman's influence will never be forgotten and his legacy will continue to be carried throughout the years to come.

Nebraska does Autumn best

MADI WARRELMAN
Communications

Here in Nebraska, we get the best and the worst of every season. We melt in the summers with uncomfortable humidity, which often gives way to exhilarating thunderstorms. Then we struggle through blizzards and black ice but also get to experience beautiful winter landscapes. Nestled between these two extremes is the season of fall.

There is something about fall that is more pleasant than any other season. The weather is mild during fall, with some warm and sunny days, some rainy days and many crisp days. As the air gets cooler, the leaves begin to change color. This is one of the best parts of fall and it's especially noticeable here at Doane.

When I visited Doane's campus for the first time, it was fall. I truly think this is one of the reasons why I ended up here. Another perk of fall weather is being able to leave the windows open. There is nothing more satisfying than sleeping or taking a nap with cool fall air drifting in.

Another staple of the fall season is bonfires. They are fun during summer as



Courtesy Photo | Flickr

well but there's something different about standing around a bonfire to actually keep warm. Also, there is the iconic smell of a campfire. Personally, I would be content to spend the rest of my life with the scent of campfire around me.

Along with the natural smell of campfires, there are a number of artificial scents that come with fall. Thanks to Yankee Candle and Bath and Body Works, I now feel obligated to buy car air fresheners, wall plug-in scents, hand sanitizer and lotion in apple or pumpkin scents. I

shouldn't be allowed to enter a Bath and Body Works in the fall season.

Fall is awesome because it is officially soup season. Potato soup, vegetable soup, French onion soup, tomato soup, chicken noodle soup, chili, cheese vegetable soup... they all enhance the fall season. Basically, Panera becomes my go-to during the fall.

Along with soup, it becomes acceptable to enjoy hot drinks during fall. Whether it's regular coffee with a hint of hazelnut, chai, apple cider or hot chocolate, it is all delicious. Eventually, Hallow-

een candy starts showing up in stores. In my opinion, it is justifiable to eat

Halloween candy as a snack or as a meal, especially breakfast. From mid-September to November, catch me thriving on a diet consisting of soup, warm white chocolate moccas and Kit Kats.

The autumn season is when two of my favorite holidays happen: Halloween and Thanksgiving.

As soon as the high temperature for the day slips below 80 degrees, I feel an overwhelming urge to do nothing but watch scary movies. Autumn is peak spooky season and I am 100 percent here for it.

Once the Halloween season fades away to November, it's time to start mentally preparing for Thanksgiving and the food coma that follows it. Thanksgiving is a different kind of fun than Halloween, but it's a fall tradition all the same.

More than anything, fall symbolizes change. It represents a fresh start. With a new academic year underway and new activities, goals and friendships, fall is the time to reinvent yourself.

Joey's hot takes; cereal

A weekly rating of random things by Joey Winton

JOEY WINTON
Copy Desk Chief

S Tier (the best): Life, Cocoa Krispies, Lucky Charms, Corn Flakes, Krave, Raisin Bran, Count Chocula

A Tier (second best): Honey Nut Cheerios, Cocoa Puffs, Apple Jacks, Golden Grahams, Rice Krispies, Fruity Pebbles, Mini-Wheats, Chocolate Cheerios

B Tier (above average): Frosted Flakes, Trix, Cap'n Crunch, Froot Loops, Cookie Crisp, Reeses Puffs, Chex, Frankensberry

C Tier (average): Cinnamon Toast Crunch, Pops, Boobery, Honey Comb

F Tier (bad, very bad): Honey Smacks, Special K, Honey Bunches of Oats

*Note: All rankings are final and no amount of debating will change my mind.

Breakfast is the most important meal of the day, so choosing the right cereal can be the difference between having an awesome day and one where you don't want to get out of bed.

This ranking was conducted by a series of tests regarding taste, texture, how the cereal holds up when soggy and how the milk tastes after the cereal is gone.

For clarification regarding the criteria, if a cereal tastes bad or feels yucky chewing, it scores lower than ones that do not.

Soginess is determined by how much the cereal-eating experience is changed by letting it sit in milk and not eat-

ing it right after pouring; if its quality is diminished in any way, the cereal loses points.

Drinking the remaining milk is also a factor. If the cereal tastes great while you're eating it but once it's gone, drinking the milk becomes a chore, the cereal will not rank as high.

Keep in mind that every cereal will change when it absorbs the milk, it is just a matter of how much it changes and if the change is so much that you feel like you're eating a different cereal.

S Tier cereals are ones that taste great, have a nice crunch to them, are not very affected by getting soggy and leave the milk with a pleasant taste. These are cereals that bring back good memories from your childhood (unless your parents were cruel and did not allow you to eat many cereals at all) and you would have no trouble eating an entire box of.

A Tier cereals, while not as solid as the ones in S Tier, still hold up, have a good overall taste and are not changed very much by soginess. Nor do they feel gross while chewing and drinking the remaining milk is still a good experience. Basically, you wouldn't be hyped about eating them but you are better off after eating a bowl of it.

B Tier cereals are perfectly mediocre. Whether it be a sub-par taste, texture or leaving the milk funny tasting, one or more things about them are of a low enough

quality that eating them is not a stellar experience.

That is not to say they are bad. You can enjoy them in certain scenarios but most of the time, you would rather have something else. They are not your ideal choice but if the pantry was full and you needed to make room, you would still eat them.

C Tier cereals are kind of crappy and you would not want to see them in your pantry. The quality of the cereal makes it feel like a chore to eat which is never a sign of good food.

While these cereals are bad, they certainly are not the worst and if you were stranded on a deserted island, eating these would be better than eating nothing.

F Tier: These cereals are an abomination and go against the laws of nature. I would not wish my worst enemy to eat the cereals in this tier and if anyone actually willingly consumes these, the fear you instill in me cannot be understated because if you enjoy these cereals, you have nothing to lose.

One final note for this ranking: the only acceptable way to eat cereal is to pour it in the bowl FIRST and add the milk SECOND. If you put milk in before the cereal, you are a caveman.

Want me to review a specific topic? Email me at joey.winton@doane.edu and I may pick your topic!

Minority Voices

The Doane Student Media team is proud to present a new section that will be added within our paper and our website, Doaneline, dedicated to hearing the voices of our minority students.

If you are interested in sending in your thoughts for this section, please send an email to either meaghan.stout@doane.edu or to owl@doane.edu with the subject title "Minority Voices."

We want to hear from all of our students! If you do not want to be included in this section, feel free to send us a "Letter to the Editor" to the previously stated email addresses with your thoughts on current events. Stay involved with your school media!

What are students really paying for

JOSH BUNDY
Managing Editor



With COVID-19 in full swing, in-person classes and offerings at Doane are becoming more and more scarce.

This begs the question, why are we still at Doane? If there's a serious health risk to every student, faculty member and employee at Doane, what is the point of allowing classes to resume?

In my conversations with various friends and students, there is the

overwhelming suspicion that Doane is desperately trying to hold on until the date when money no longer has to be refunded to students. For students who decide not to continue at Doane, they can drop out and receive the vast majority of their tuition back. But what about the students who want to continue their education who don't feel they are getting their money's worth?

Online classes do not warrant over \$40,000 in tuition. Many online universities across the nation offer tuition for significantly cheaper with professors who are more suited to teaching online classes.

Southern New Hampshire University charges \$38,400 for a 120-credit online Bachelor's degree. That includes all four years it takes for a student to earn that degree. That's less than \$10,000 a year.

This is not an attack on



Courtesy Photo | Flickr

Doane's professors; they have been thrust into a once-in-a-lifetime situation and they are truly doing their best to teach students in the best way possible. I believe that if we are going to be taking classes primarily over Zoom, there should be some sort of financial reimbursement given out to

the students. Half of my classes have transitioned to online status, meaning that there is no scheduled meeting time for them. We simply read and teach ourselves about the material and then answer a few questions over the information. For me, I could teach myself these

things through Google and Khan Academy.

There is an inherent benefit to being in class and watching a professor work through material. I learn better this way and I'm sure that many other students feel the same way.

College students across the nation are taking drastic measures to be given reimbursements. Some are taking legal action while others are simply refusing to pay at all. In a time of economic turmoil, students are among those who are hit hardest. Already being short on money, it has been difficult for many to find jobs to make ends meet.

This is where Doane can show their concern and care for students. For a university that preaches it's involvement and personal attachment to students, it's time for them to put their money where their mouth is.

There are relief

funds that are available across the nation but many of these funds coincide with the Free Application of Federal student Aid (FAFSA). For students who do not qualify for FAFSA aid, this leaves them in the dark and unable to get money through federal programs.

I don't understand the need to charge full tuition to students who are unable to get additional income to survive in college. I believe that Doane needs to make changes that reflect the quality of education we are receiving from them. If it was a COVID-free semester, I wouldn't have as much of a problem with the tuition rates. But given the circumstances and the protocols that Doane has put in place, I believe students deserve to be paying the right price for the education they are currently getting.

People should adapt with new science

KYLIE HUGHES
Life and Culture



that the pandemic is nowhere near over.

Since the World Health Organization (WHO) declared a global pandemic on March 11, there has been an outpour of information. Scientists and researchers have been working to develop treatment methods, vaccines and general information about this new virus.

Before the world was turned upside down when a pandemic was declared, trusted news agencies and public figures were telling the public that this "novel coronavirus" is not far off from the flu. People were led to believe there was nothing to fear.

It is not as if these news agencies and public figures were trying to misinform the public; they were simply reporting what the studies and research suggested. Early on, there was very little research on this corona-



Courtesy photo | Flickr

virus, so it would make sense to believe it to be flu-like, similar to past coronaviruses. However, research quickly came out to show that this virus was unlike the flu in many ways. Yet, there was a disconnect between people who understood the severity of this virus and those who did not.

The problem that lies

here is that society is not able to adapt to the new information. It is not as though the inability to adapt is a physical inability; it is merely the lack of desire. Adapting is how human beings made it to where they are now. In order to make it to the future, humans need to continue to adapt.

For example, prior to March, the WHO pub-

lished articles stating that "a medical mask is not required for persons with no symptoms" and that "there is no evidence that wearing a mask of any type protects people who are not sick."

Now, it is well-known information that the WHO and Centers for Disease Control and Prevention (CDC) adjusted their stance because new studies allowed them to. Research is currently suggesting that masks help prevent transmission of the coronavirus.

This was further proven in May when two hairdressers in Missouri tested positive with symptomatic COVID-19. Though they came into contact with 139 clients, no one tested positive because they and their clients were wearing masks, according to the CDC.

Some still believe that masks are ineffective

even though the CDC now fully recommends and encourages the use of masks to help prevent the spread of the coronavirus.

The problem is people cannot pick the science they choose to follow and the science they do not choose to follow. It is apparent that science is an ever-changing field. If the research on COVID-19 is constantly updating, then our attitude should be as well.

Anyone who follows scientific research needs to follow the most up-to-date studies, even though they may be ever-changing. It is imperative to stay informed and be willing to adapt. If we, as humans, are not able to adapt to changes in modern scientific research, then "normal life" will be far from the near future.

Focus on mental health

ABRIANNA MILLER
News Editor



Talking about mental health is significantly less taboo than it was even ten years ago. People are more open about attending therapy, discussing mental health issues and supporting each other's mental growth.

It is easy to forget to prioritize your mental health in college. I know I've been struggling to do so since I've returned to Doane.

There is no shame in reaching out to friends for help or for ideas to lift yourself up. There is nothing wrong with staying in to watch Netflix and eat ice cream instead of hanging out with friends. Doing what you need to do to stay healthy mentally and physically should be everyone's top priority.

Lately, I've been caught up in my work and responsibilities, forgetting to take care of my mental

health. I've been significantly more stressed and I know something needs to change.

We can all sacrifice an hour or two to relax and center ourselves. Maybe that means drawing, writing, taking a nap or anything else that makes you feel happy and complete.

That said, criticizing others' actions just because you don't understand how it helps them is not acceptable. You don't need to know why reading with a face mask on helps someone rebalance their mindset. Just accept

that it is what that person needs to do to feel better and focus on your own actions.

Remember to support those who come to you for help. Sometimes a simple hang-out can demonstrate your care and affection for someone. That time with you could mean the difference between a good day and a bad day for some people. Don't underestimate the value of your time.

Learn to be okay with open conversations about mental health. Everyone struggles with it at some point, so lift each other up instead of suppressing another person's feelings. It's okay to not be okay, a lesson I have been wrestling with for years. Don't be afraid to reach out for help from your friends, family, professors or professionals. Intentionally focus on your mental health because that is one habit you will carry with you for the rest of your life.

...THUMBS UP

Sphynx Cats

Hawaiian Punch

Ska Music

Etsy

Fall Season

The Doane Owl editorial staff cast their opinions on different current topics and their responses are represented in 'Thumbs Up, Thumbs Down' every week.

THUMBS DOWN...

New strength coach looks to help athletes

**LUKE
URBONAVICIUS**
Staff Writer

Doane's Athletic Department has made quite a few changes this semester, from altering fall and spring sports to better deal with COVID-19, maintaining CDC guidelines, to hiring new staff to help. To say the Department has its hands full is an understatement.

One new staff member and Doane Alumni is Ben Berreckman, the first Strength and Conditioning Coach and Administrative Assistant for the Athletic Department.

Ben Berreckman graduated from Holdrege H.S. in his hometown of Holdrege, NE. While attending Doane, Ben had a very successful athletic career. He was a tight end for the football team and competed in shot put and discus for the men's track and field team. He was an NAIA national qualifier every year in shot put with a personal best of 17.64m in shot put and 50.72m in discus.

After graduating in 2018 with a degree in Fitness Management with a Business Minor, Berreck-

man went to Concordia University to earn his Masters in Athletic Administration, which he completed this past spring. During his time as a Graduate Assistant for Concordia, he helped coach their track and field team.

After completing his masters degree and ending his two-year contract with Concordia, Berreckman reached out to Matt Franzen, Doane's Athletic Director, to start the position of Strength and Conditioning Coach.

"A lot of high schools are hiring Strength and Conditioning coaches and I just thought Doane would really benefit from it," Berreckman said.

Since this position is new to Doane, the tasks he oversees are numerous. From overseeing the weightroom in Haddix, to coordinating scholarship funds and the purchases of new equipment for use by athletics, Berreckman is paving the way for what he sees as a growing field in the sports world.

One of Berreckman's philosophies with training is the benefit of the weight room and being exposed to other coach-

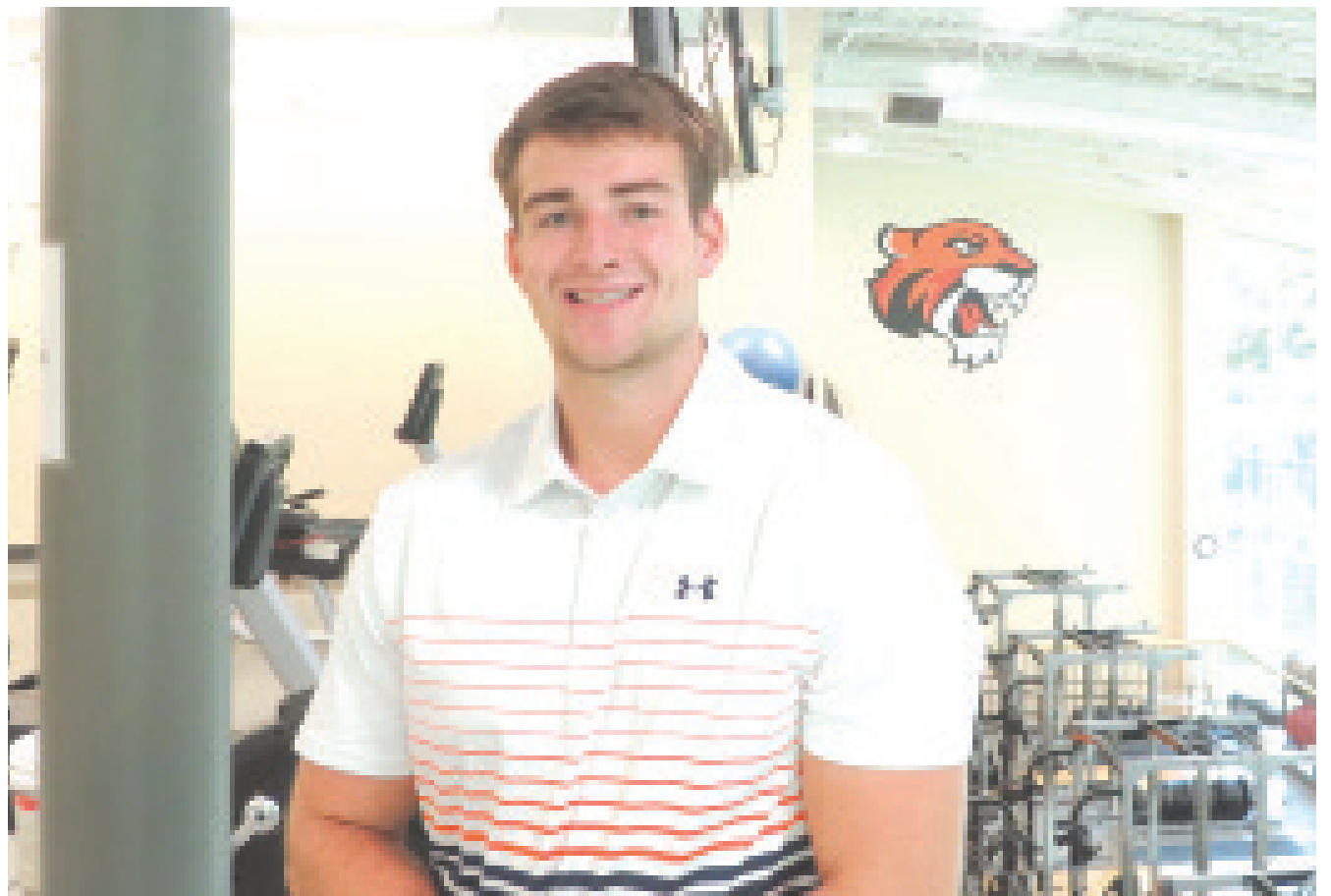


Photo by Luke Urbanavicius | The Doane Owl

Newly-hired strength and conditioning coach Ben Berreckman is seeking to help student-athletes get the extra edge over their competition. Berreckman graduated from Doane in 2018.

es, coaching styles and sports.

"What can make you better outside of the playing surface?" Ben asked.

He emphasized how learning from other training methods and combining different outlets can create an almost-perfect program for a specif-

ic athlete. He compared our Americanized model to that of other European models of fitness and wants to explore how to incorporate them both to fully benefit the athlete.

"I wouldn't do this for any other school. Doane has a special place in my heart," Berreckman said.

He emphasized his

thanks to Doane for putting him on this path. He wants to thank Matt Franzen and David Dunnigan for making him into the athlete he was able to be.

"I didn't know how good I could be; he didn't know either but he gave me all the tools and inspiration I needed,"

Berreckman said.

Wanting to put Doane on the map for its athletics and give back to the programs he was able to compete in, Berreckman is excited and ready to push his athletes to outperform and outwork any other school in the GPAC.

Dance and cheer facing new challenges

RILEY SOUCHEK
Art Editor

There have been updates on how practices are changing for certain sports, with Doane's dance team being one of the many groups having to adjust to COVID. While all sports have been on a two-week break, the Doane cheer and dance teams have not stopped working and getting prepared to perform. Kiersten Anderson is a sophomore and a member of the Doane University cheer team.

"We are continuing to bond as a team and learn more about leadership, teamwork and our team mindset," Anderson said.

There is no lack of

hard workers on either the dance or cheer teams. Both the cheer and dance coaches are still expecting the team to practice and memorize their performances on their own. In addition to this, they are expected to workout and stretch to stay in shape every day.

Although sports are under restrictions during these two weeks, dance team practice will look somewhat different according to senior Renee Lukowicz.

"We have a reduced amount of hours of practice during the week and we are expected to follow CDC guidelines when we do get to practice, such as social distancing, sanitizing and wearing masks. We also

do less partner work and social distancing while dancing and practicing techniques during practice," Lukowicz said.

The cheer and dance team perform at both indoor and outdoor sporting events during normal seasons.

Kiersten Anderson added that the cheer team is only performing at outdoor events, such as football games. During the football games, they are spread out across the track, with six or more feet in between each of them in order for them to be able to cheer without their masks.

"This might change but that is the plan for now," Anderson said.

Kelsey Brady is a sophomore on the Doane



Courtesy photo | Ashley Lyon

The dance and cheer teams are a couple of the many teams that have been forced to change practices to fit CDC guidelines.

University dance team and believes that despite the fan restrictions, they will still have a fan section to work with.

"It looks like we won't have as much of a student section or crowd to lead in cheer; however, we will still most like-

ly have a pep band and parents to cheer with," Brady said.

Home events to limit fans due to COVID

JOSH BUNDY
Managing Editor

Doane recently released their spectator plan for fans at sporting events taking place during the fall season.

In an email sent by Rick Schmuecker, Doane announced that they will only be allowing four family members of each player for both Doane and the visitor team.

The sports affected immediately by this announcement are those taking place in the fall. These sports include football, volleyball, men's and women's soccer, men's and women's tennis, men's and women's cross country, baseball and softball.

The spectators that will be allowed must be immediate family members of a player who is suiting up for the competition of that day.

No additional spectators will be allowed, and tailgating will also be disallowed.

Athletic Director Matt Franzen said that the primary goal of this decision was to be able to keep students on campus for the fall semester and to do everything possible to keep fall athletic seasons on course.

He also spoke about keeping a safe atmosphere for student-athletes and their families.

"We have chosen to follow our campus protocols and provide a safe atmosphere for our student-athletes and their immediate families by providing the opportunity to physically distance at our athletic events. As the season progresses, we will continue to make decisions with the best interest

of the health of our students and fans in mind," Franzen said.

Multiple protocols will be put in place for the fall season. They include:

Student-athletes suiting up for the game will complete a form with up to four (4) family members listed (name and relationship to student-athlete need to be provided)... the visiting team's athletic department will be responsible for providing the fan list to Doane

Game admission cost for family members registered by student-athletes are \$3.00 for adults, \$2.00 for students (football, volleyball)

Family members will check-in and pay at the designated entrance

Family members will receive ID bands upon entering for the game

Wearing a mask while

at the competition facility will be required at all times per GPAC protocols for spectators and in areas on campus where social distancing is not available

Family members should plan accordingly when arriving at the athletic venue in the event lines become long with one available entrance open during games.

Doane will continue to monitor the possibility of allowing more fans into the stadium as the season progresses.

For those who are not immediate family members and still want to be able to watch home games, most athletic events are available to watch on Doane Sports Network on YouTube. Home football games are also broadcasted by News Channel Nebraska and can be watched through local cable or

online.


This new protocol prohibits the majority of students from attending home events. Additionally, players of the opposite gender in the same sport will be unable to support the other team.

Per the email, these

protocols have been put in place to keep all involved the safest they can possibly be.

All protocols are subject to change based on each game.


Athlete of the Week



**Jorge
Chevez**

Tennis

Named as the men's tennis most valuable player in the 2019-20 season



1302 Linden Avenue | 402-825-3784