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Allison Baird and Marques Higgins perform during the Doane Vocal Festival. See more on page 3.

Podcast co-hosted by biology professor nominated for national award

CAITLYN NELSON
Editor-in-Chief

Doane biology professor Ramesh Laungani will send his warm regards back to Doane as he travels to Los Angeles, Calif. on Jan. 17, to attend the iHeartRadio Podcast Awards for a podcast that he co-hosts.

“Warm Regards”, co-hosted by Laungani, was one of five podcasts nominated for “Best Green Podcasts” at the second annual iHeartRadio Podcast Awards held in Los Angeles, California on Jan. 17.

“Warm Regards” broadly focuses on the topic of climate change and is meant to highlight the various lives affected by climate change. Shrinking the gap between the scientific community and the general public is a driving force for the podcast.

“It’s not just a science issue,” Laungani said. “We could have made a climate change podcast that was just the science, but that would have been a very incomplete picture if we really wanted to make this inclusive and comprehensive about the impacts of climate change.”

The podcast began in 2016 and is hosted by Jacqueline Gill, associate professor of paleoecology and plant ecology at the University of Maine.

“Warm Regards” is independently operated and is

one of the longest-running climate change podcasts in the marketplace along with having nearly 500,000 listeners, a Doane University article said.

Laungani knew Gill through Twitter where she is a known scientist and science communicator. He reached out to Gill and invited her to be a keynote speaker when planning a science communication conference held at the University of Nebraska at Lincoln in 2018.

The conference was focused around discussing science to a non-scientific community.

A few months after the conference, Gill reached out to Laungani and asked him to be a co-host for her podcast.

He accepted and has been co-hosting ever since.

The podcast is volunteer-based, and with the busy schedules of teaching and working as well as the distance between host, co-host and producer, the podcast gets released as often as they can. Laungani hopes in the future to have at least two new podcast episodes per month.

Since joining the team with “Warm Regards”, Laungani has had the experience of talking with a variety of guests including scientists, writers, change activists and religious leaders among others.

Two of the most inspi-

rationally guests Laungani recalled were a high school student from Kentucky and a middle school student from Minnesota who are pushing for and making progress on climate action in their communities. They were able to discuss, articulate and identify climate change complexities and how it impacts people’s lives.

“It makes me think, ‘What should I be doing as an adult... because I am closer to the levers of power than an eighth-grader?’,” Laungani said. “That’s really what’s inspirational, their actions inspire more action.”

Laungani teaches Climate Change Biology, as well as other biology classes at Doane University. His biggest area of research is also finding ways to mitigate climate change.

While he does not request his students listen to his episodes on the podcast, he does turn them to the early episodes to learn from Gill about ancient climates and habitats and other topics. He also brings perspectives from guests on the podcast into the classroom for his students.

Gill, Laungani and two contributors to “Warm Regards” will be attending the awards beginning at 10 p.m. central time. The awards will be broadcast and streamed live across iHeartRadio stations.



Courtesy photo | Apple iTunes



Courtesy photo | Billboard.com

HHP major makes the switch to Exercise Science

JOSH BUNDY
Sports Editor

Doane’s Health and Human Performance major (HHP) has undergone a change, and will now be known as Doane’s Exercise Science major.

According to Senior Communications Manager Ryan Mueksch, the changes in the curriculum are better suited for students looking to pursue further education after their four years at Doane. These pathways include pre-athletic training, pre-physical therapy and strength and conditioning. The strength and conditioning program is being introduced as a standalone minor. There is also a pathway for pre-occupational therapy under development, pending a vote at the faculty assembly later this month.

In charge of these changes is athletic trainer Greg Seir, who has been working



Courtesy photo | Doane University

on finalizing these pathways in advance of the change. The goal is to better align Doane’s curriculum for the benefit of students who are planning to go on to graduate school.

Seir said that several changes were made. The curriculum for the course

was revamped with students in mind. A strength and conditioning pathway has also been introduced, which includes the minor associated with the program. New classes have also been added, “specifically focused on students going into the Medical Field,” Seir said.

Seir also mentioned how the program is still working on providing the best opportunities for their students. “Currently, we are working on expanding experiential learning opportunities each semester for students with in different areas of Sports Medicine and Medical

Field,” Seir said.

Junior Jerrad O’Malley was not at all concerned with the name change of the major. “The requirements for this major have given me a lot of confidence going into PT school and I don’t think it will affect my chances of getting into PT school,” O’Malley said.

Seir echoed O’Malley’s statement, saying that the majority of the students who are in the program are looking to go on to further their education.

O’Malley also voiced his support for those in charge of the program, saying “I have full faith in Greg and Melissa (Clouse) that they will get me prepared for what is coming later down the road.”

O’Malley said he didn’t feel as if the changes in the program would be anything more than a name change to him.

On the side of the pro-

fessors and faculty, Seir felt similarly about the change. “There shouldn’t be any major changes for the professors teaching. Those advising might see a difference in the requirements, the new classes being required and helping the students explore different areas they might be or could be interested in,” Seir said.

Any students who want to learn more about the changes with the HHP major can explore the Exercise Science page on Doane’s website, which has been updated to accurately represent the changes that have occurred.

“The changes that have [occurred] are the curriculum has been revamped, the addition of Strength and Conditioning as a minor and a pathway and the addition of new classes specifically focused on students going into the Medical Field,” Seir said.



Courtesy photo | The GUILD



Photo by Caitlyn Nelson | The Doane Owl

This Week's Weather Forecast

Wednesday 1/15



High: 31
Low: 7
Precip: 10%

Thursday 1/16



High: 26
Low: 22
Precip: 10%

Friday 1/17



High: 38
Low: 20
Precip: 90%

Saturday 1/18



High: 28
Low: 10
Precip: 0%

Sunday 1/19



High: 18
Low: 3
Precip: 0%

Monday 1/20



High: 19
Low: 6
Precip: 0%

Tuesday 1/21



High: 26
Low: 21
Precip: 0%

Graphic by Nishesh Yadav | The Doane Owl

Weather data retrieved from weather.com.

STUCO honors Wick, GUILD

CAITLYN NELSON
Editor-in-Chief

Alec Wick and the Gamers United in Leading Doane, GUILD, were chosen by Student Congress as the December student and student organization of the month, respectively.

Wick is a junior who is involved in the Hansen Leadership Program, Alpha Lambda Delta, and the Alpha Pi Epsilon fraternity. Wick also runs for the indoor and outdoor track

team.

He also runs for the cross country team, where he was named Great Plains Athletic Conference, GPAC, and was named men's Runner-of-the-Week after running the fastest time in the GPAC each week this past season.

By winning the conference meet in Sioux Center, Iowa, he was named GPAC Runner of the Year for 2019 and helped the men's cross country team qualify for nationals for the first time since 2009, the Top Doane Moments of the Decade article on the Doane Athletics

website cited.

"Our team has learned from our coaches that great leadership comes from supporting and motivating one another," Wick said. "This past season the cross country team found a lot of success and I believe that it's from the leadership and supportive atmosphere we have."

Wick is also involved in the community. He is a Cardinal tutor and mentor at the Crete High School.

"He (Wick) was not only winning several of the meets but was showing leadership

and teamwork by encouraging his teammates for excellence," Student Congress President Mady Vogel said. "His character shines through his performances in the classroom and in his activities."

The GUILD is a group on campus that provides a space for students with similar interests, specifically gaming, to come together and bring gaming events to the rest of the Doane community.

"We are a group built on the ideals of inclusivity and community," former pres-

ident of GUILD Erin Lashowetz said. "We just want all Doane students to know that they are welcome to stop by and check the group out."

The GUILD was very active in homecoming and very visible in the community as well as participated in many of the competitions during the week. This showed true Doane Tiger pride, Vogel said.

Student Congress will not have a January student or student organization of the month.

New Chief Information Officer hired

CHANDLER FARNSWORTH
Staff Writer

Doane University announced that Derek Bierman will fill the position of Chief Information Officer, CIO, on Dec. 23.

Bierman was one of 75 applicants who showed interest in the job.

He is replacing Mike Carpenter, who resigned as Doane's CIO and Vice President for Information Technology in late July, according to an email sent by the President's Office.

"The CIO is responsible for the management and oversight of all administrative and academic technology services provided to students, faculty, and staff," stated a job listing posted by Doane University on LinkedIn.

It further states that the CIO is the primary administrator for the Information Technology Services department and manages several areas which include:

the enterprise resource planning (ERP) system file servers and networking infrastructure

application software development information security instructional technologies

installation and maintenance of technology equipment user support services, and policy development

Bierman comes from Northeast Community College in Norfolk, NE where he held the title of Vice President of Technology Services for six years and oversaw a division of 45 employees, stated an article on Doane.edu.

"Bierman earned a Bachelor of Science in Management Information Systems from Bellevue University in 2013. He also earned an Associate of Applied Science in Commercial Art from Central Community College in Columbus, Nebraska. Bierman will begin his tenure at Doane at the end of January," the article states.

An email from the President's Office stated that Jacques Carter is "very pleased with the work our search committee of faculty and staff members conducted to narrow the pool of candidates."

Bierman's first day is expected to be at the end of January.



Courtesy photo | Doane University

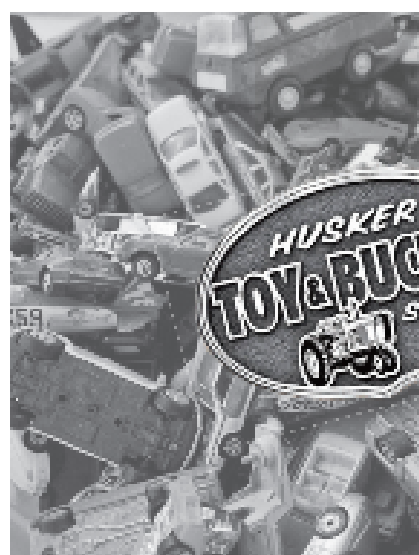
Graphic by Nishesh Yadav | The Doane Owl

Weather data retrieved from weather.com.

Write for the Doane Owl

The Doane Owl is looking for determined writers who are eager to learn and write 1-2 stories a week.

If interested, contact Caitlyn Nelson at caitlyn.nelson@doane.edu



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Photo by Caitlyn Nelson | The Doane Owl

Crete city council member Dale Strehle receives the last leg of the book brigade in front of the new facility.

Crete holds book brigade

Caitlyn Nelson
Editor-in-Chief

Members of the community, students of Crete Public Schools and public officials lined the snow and ice-covered sidewalks for seven blocks for one reason on Monday - to pass two books from one building to another.

The two books, *The Public Library: A Photographic Essay* by Robert Dawson and *The Library Book* by Tom Chapin were passed from hand to hand as the group made its way from the old Crete Public Library to the new library building located on 15th Street and Forest Avenue.

The Crete Public Library held the book brigade as a symbolic gesture to commemorate moving from the old building to the new facility.

Each book had a go-pro video camera attached to it to capture each person helping to transfer the books.

The video will be posted on the Crete, Neb. social media pages.

The old public library was open for its last day on Friday and will be closed during the transition to the new building, which will be open to the public on Jan. 27.

The new library project began in May 2018 as a \$5,559,000 bid from Sampson Construction that would, in time, be a 20,000 square foot facility which will feature youth and adult technology spaces, a separate community room that will also serve as a storm shelter and a new park outside of the building.



Photo by Caitlyn Nelson | The Doane Owl

Tobacco age causes confusion

Meaghan Stout
Life & Culture Editor

Changes to the legal age limit for purchasing tobacco products in the U.S. cause confusion throughout Nebraska.

On December 20, 2019, President Donald Trump signed a bill to amend the Federal Food, Drug, and Cosmetic Act to raise the minimum age to purchase and use tobacco products to 21 on the federal level.

As of the first of January, the legal age to purchase tobacco within Nebraska was raised to 19. The difference in the federal law and the state law has caused confusion among citizens as well as businesses.

The legal age for the state of Nebraska is only up to 19 at this time. That being said, many businesses are following the federal law in place of the state law, especially in Crete.

Senior Paige Patton, who works part-time at Walmart in Fairbury, said that the company requires customers to be 21 or older to purchase tobacco products. Dollar General as a whole is also following the federal law in place of state law.

Junior Skylar Shottenkirk, who works part-time at the Casey's General Store in Crete, said that employees have been instructed to only sell tobacco products to customers 21 or older.

Additionally, the Stop and Shop located in Crete will not sell tobacco products to anyone under the age of 21. Many franchise businesses have decided to follow the federal age throughout all states rather than the individual state laws.

According to the Truth Initiative, 15.4 percent of adults over the age of 18 in Nebraska reported having smoked cigarettes, whereas 17.1 percent of adults in the U.S. reported smoking cigarettes as of 2017.

Over 9 percent of high school students in Nebraska were reported to have used e-cigarettes or vapes in 2017. Only 3 percent of adults within Nebraska, though, had used e-cigarette devices in the same year.

Fischer's Wine & Spirits on Hawthorne Ave is the only place in Crete to purchase tobacco under the age of 21. An on-duty clerk said, "We are requiring 19 or older to purchase tobacco until we are instructed to follow the federal law."

The local liquor store, which sells a variety of tobacco products, has new signs to indicate that they require customers to be at least 19 years of age or older to purchase.

Doane Crime Log

Doane Safety Office reported incidents in their public crime log. Incidents reported between Nov. 26, and Jan. 12, include:

- 11/26 - **Drug law violations: Possession of drugs** - Frees Hall, third floor
- 12/4 - **Motor vehicle: Hit and run** - Parking lot I
- 12/23 - **Fraud** - Padour Walker lower level
- 1/5 - **False fire alarm** - Smith hall, third floor

Choir hit the high notes

Caitlyn Nelson
Editor-in-Chief

Over 200 high school singers gathered from across Nebraska and Iowa to form the 2020 Doane Vocal Festival Chorus and performed on the Heckman Auditorium stage on Jan. 6.

Around 700 high school students apply each year, based on their choir director's nomination and 230 to 250 are invited by Doane's music department to learn pieces and perform as a group. This year, around 80 high schools were represented on stage during the final concert.

Doane students and music education majors Riley Herringer, Matt Wilkinson, Ryan Jansen and Alexa Thompson coordinated and organized the event. Together, they organized everything from the seating chart for 230 students to helping choose students for a second round of solo auditions.

Kurt Runestad, professor of music and director for Doane Choir, directed

the choirs. William Carpenter, pianist and teacher from Lincoln and Lisa Ulmer, pianist and teacher in Southeast Nebraska, accompanied the festival chorus on the piano.

This year's festival incorporated a unique aspect that was brought back from Doane Choir's trip to South Africa in 2018.

Runestad taught the choir a piece, "Somlandela," by "rote," which means the choir didn't have any printed music, but instead learned it by listening and modeling, which approximates the process that the Soweto Gospel Choir uses.

The festival chorus performed four pieces of music during the final concert including "Somlandela" and "Balm in Gilead" by the Soweto Gospel Choir.

Crete choir teacher Lacey Franzen has taken students to the festival for many years.

"I get the opportunity to watch Dr. Runestad work and help develop the singers into more than they were before," Franzen said. "Many things I teach are reinforced

at festivals and honor choirs like this."

This festival was senior Herringer's third and final year as a coordinator. With preparation starting in October, seeing the final product of a stage full of high school students come together was a special experience.

"It's a great reminder to everyone that the music we can make is so much better than any one of us individually," Herringer said. "I think we need more reminders of what art can do to bring people together."

Around one-third of the Doane Choir and Collegiate Choir came to the Doane Vocal Festival when they were in high school. This event is important in the recruiting efforts of the department, Runestad said.

"Participating in the Doane Vocal Festival meant a lot to me," Crete senior Alvan Tran said. "The learning experiences I had with Dr. Runestad is something that I will remember and carry on with me when singing in choirs at school."



Photo by Caitlyn Nelson | The Doane Owl

Members of Doane Choir are all smiles while performing for the Doane Vocal Festival.



Photo by Caitlyn Nelson | The Doane Owl

From left, Ryan Jansen, Matt Wilkinson, Riley Herringer and Alexa Thompson are recognized for their hard work in coordinating the Vocal Festival.

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Peter Weber is the newest bachelor to be featured in the 24th season of "the Bachelor" on abc.

Courtesy photo | Hiptoro.com

"The Bachelor": selling men, stealing hearts

Students enjoy the popular TV series, "The Bachelor", during its 24th

BAILEY ROBERTS
News Editor

Hearts swoon as the familiar title screen appears on millions of televisions around the world.

Viewers are glued to their seats for two hours every week, usually on Monday

nights, for this phenomenon. With the new decade comes a new season of "The Bachelor."

"The Bachelor" first aired in 2002 and has been a hit with audiences ever since.

According to abc, "The Bachelor" is in its 24th season. This season features airline pilot Peter Weber as the newest bachelor. Weber is looking for someone to be a copilot in his life, after having his heart broken on a previous season of the spinoff show "The Bachelorette." Amid copious puns, a genuine story about people trying to find

love through unconventional ways rings true with fans of every age.

Fans of the show can be found all throughout Doane's campus.

In Burrage Hall, junior Ashely Leinen is a casual watcher of the show. Leinen said she started watching the show three years ago, after overhearing people's continual conversations about the show. She decided to give the show a shot and has been a fan ever since.

"I found the show oddly addicting and secretly funny," she said.

When it comes to how romance is portrayed on the

show, Leinen says she appreciates how audiences see people valuing quality time spent together and how dating expectations are clearly set by contestants.

Meanwhile across campus, junior Jacinda Davis settles into her Hansen suite. Davis says her suite-mates gather on their couch every week during the show to drink grape juice and gossip about what is happening and share their predictions for future episodes.

"I am enjoying the twists of this current season and am excited to see where the season will go from here," Davis said.

Davis first started watching "The Bachelor" when she was in middle school with her parents. "Strangely enough, it was my dad that got me into watching the show," Davis said.

Though she enjoys the outlandish nature of the show, Davis says the show is not a realistic portrayal of romance and what it should look like. I watch it for entertainment, she says, not for setting guidelines for my dating life.

"The Bachelor" captures the hearts and imaginations of its viewers, allowing them to see the crazy effects of love. The show has en-

"I am enjoying the twists of this current season and am excited to see where the season will go from here,"

Jacinda Davis
Junior

ured for almost 20 years because of its unconventional methods of showing love and exhibits no sign of stopping any time soon.

To pod or not to pod

Professors and students use a variety of services to listen

JOSH BUNDY
Sports Editor

In a time where digital media is a part of our everyday lives, people have a plethora of options for entertainment at their fingertips. One of the more common options is podcasts.

According to Podcast Insights, there are currently over 800,000 podcasts available through various platforms, with over 30 million episodes between them all. Apple Podcasts alone confirmed they had 550,000 podcasts in June of 2018.

Additionally, Music Oomph says 51 percent of the US population has listened to a podcast. However, only 22 percent of the population listens to podcasts weekly. They also add that there may be a connection to income and podcasts, stating that listeners are 45 percent more likely to have an annual income of over \$250,000.

Around fifty-four percent of the podcast audience is found on Apple's iOS ecosystem, which correlates with the large library that Apple Podcasts has to offer.

Biology Professor Ramesh Laungani has his own podcast that is garnering national attention. His podcast, "Warm Regards", is one of five that have been nominated for iHeartRadio's "Best Green Podcast" award.

"There hasn't been a point where I felt like it was appropriate for me to be like, go listen to episode 12. I don't know that I'll ever feel comfortable doing



Courtesy photo | Apple

that (making students listen to his podcast)," Laungani said.

Laungani believes that podcasts are a great source of information that is at the listener's pace and is available at any time. "Podcasts alone provide an avenue that other medias don't. The benefit of something like podcasts is that you can swallow that information when you want, it's not determined by anyone else's schedule," Laungani said.

He added how the pace of the listener is why podcasts offer an avenue that many television episodes and specials don't, and that attributes to its rise in popularity. "It's because it's a form of media that can be consumed at an individual's scale and at an individual's pace," Laungani said.

According to a survey of Doane students, only 26.2 percent have never listened to a podcast. Additionally, 82 percent of students said they at least knew somebody who listens to podcasts.

Podcasts are available on a number of platforms and Doane students stream them on a number of services. The most popular of these being Spotify Pod-

"Podcasts alone provide an avenue that other medias don't. The benefit of something like podcasts is that you can swallow that information when you want, it's not determined by anyone else's schedule."

Ramesh Laungani
Biology Professor

casts, which 55.6 percent of students said they use to listen through. Apple Podcasts was second with 27.8 percent of students listening through this avenue.

The majority of students have not had to listen to a podcast for a class, though about a third of all students have had to at one point or another.

The genres of podcasts listened to varies greatly, with students listening to podcasts for comedy. Other popular genres included news, sports, history, society and culture, crime, and true crime. Other genres that a few students say

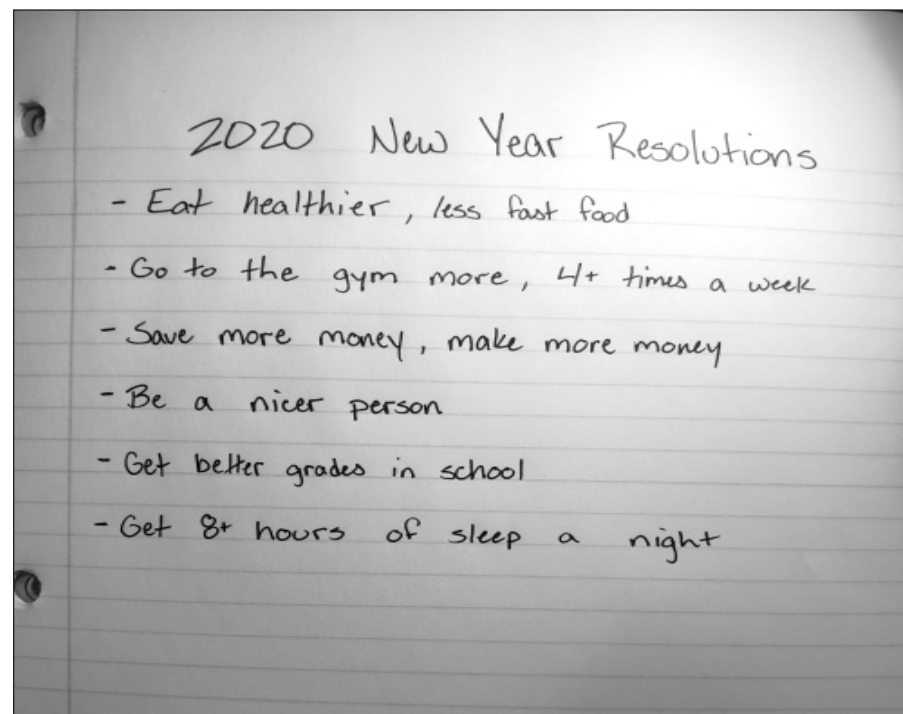


Photo by Meaghan Stout | The Doane Owl

New year, new changes

Students and Staff discuss their New Year's resolutions for

MEAGHAN STOUT
Life & Culture Editor

The start of a new year represents different things for people, such as a fresh start or a new beginning. Often times, people use the new year as a way to make resolutions and goals for the 12 months ahead, Doane students and staff included.

While not all students have made resolutions, a survey taken showed that over 51 percent of students that answered had made some sort of resolution for the new year.

Over 69 percent of students that answered the survey said they have kept up with their resolution thus far.

Senior Katie Petersen said she usually makes

two or three resolutions for every new year. Petersen made resolutions to be more consistent in working out and reflecting in a journal once a week.

Petersen said, "My best advice for keeping resolutions is to be forgiving to yourself if you mess up. We are human and we need to work on being better, not perfect." Petersen has kept both of her resolutions so far and keeps herself on track by writing in her calendar.

Sophomore Taylor Ball said she makes resolutions every year to give herself a goal to work towards and a way to reflect on the previous year. One of Ball's resolutions is to do more things that bring her joy.

"I think I have put my own happiness on the back burner and have put other things before myself," Ball said, "that really backfired and was unsustainable so I want to fix that."

Events and Conference Coordinator Arianne Stuhr did not make the usual New Year's resolution. Instead, Stuhr chose one word for her year. In her answer to

"My best advice is to be forgiving to yourself if you mess up. We are human and we need to work on being better, not perfect."

Katie Petersen
Senior

the survey, Stuhr said "I choose one word for the year that I focus on through all situations." This year she chose the word "grateful."

"This year I really wanted to focus on being grateful for every gift in my life and every moment. I am extremely blessed and I don't want to forget that through the tough times in life," Stuhr said. Rather than making a list of resolutions, Stuhr chose a theme word because it is easier to keep to. "It is more about an attitude change than a long to-do list," Stuhr said.

Not all resolutions come in the typical goal format that we may think of. Some students, such as Stuhr, have gone outside of the box by

Weekly Horoscopes

Aquarius (January 21 - February 19): Start the new year off right with a new and organized planner, Aquarius. Buying a new planner can motivate you to stay on task!

Pisces (February 20 - March 20): This week will be a great opportunity to reconnect with friends, Pisces! Don't be afraid to reach out to your people when you need to.

Aries (March 21 - April 20): Use the new year as a new beginning, Aries. This is the perfect time to take a look at yourself and make some changes.

Taurus (April 21 - May 21): Don't let others get you down this week, Taurus. Some friends will hold you back and discredit you, watch out!

Gemini (May 22 - June 21): The new year will bring many new changes, Gemini. Be flexible and don't get caught up in your "plan", some changes are good!

Cancer (June 22 - July 22): Resolutions may be dreadful but stick to your guns, Cancer. Everything will work out for the best in the end.

Leo (July 23 - August 22): Don't forget to tell your friends and family that you appreciate them this week, Leo. Be grateful and appreciative to those that care.

Virgo (August 23 - September 22): Be open to new relationships this week, Virgo. Some people may surprise you!

Libra (September 23 - October 22): Spend some extra time inside this week, Libra. Weather is cold and dismal and may affect your spirits. Curl up with a blanket and a book!

Scorpio (October 23 - November 21): Keep an organized budget, Scorpio. Your future is coming up quickly, make sure you have savings for everything you aspire to.

Sagittarius (November 22 - December 21): New year, new attitude, Sagittarius! It is the perfect time for self reflection and an attitude adjustment.

Capricorn (December 22 - January 20): It's your time, Capricorn! Enjoy your birthday season and take it easy when you get the chance.

Wishing upon a star for Disney

Student accepts internship with Disney in Orlando, Florida

KATE WEINANDT
Staff Writer

Junior Teresa Goodwater will be interning in Orlando, Florida this semester. She accepted a Disney College Program, D.C.P., Internship.

Goodwater will work in attractions in Disney World for the spring semester.

"I could be in any of the parks doing anything from the main gate welcoming guests, to a Broadway-like show, to working on a ride like a Splash Mountain," Goodwater said.

Not only is Goodwater's internship paid, but housing is included and she is allowed to bring her emotional support animal Bama. Goodwater said it is a tradition to not know living arrangements until arriving at Disney World.

"I have a small exception since I'm bringing Bama," Goodwater said. "I just know I'm living with up to five women."

Outside of the internship, Goodwater will get to enjoy the park free of charge.

Her interest in applying at Disney has been present since 2010 as an 11-year-old.



Courtesy photo | Teresa Goodwater

"The seed was planted in my mind," Goodwater said.

The application process is competitive. About 50,000 young adults apply each year while 12,000 are accepted according to the Orlando Sentinel. Applications for spring 2020 opened in Aug. 2019. Goodwater received her acceptance letter in the third round of acceptances in Sept. 2019.

"I am nervous about leaving my friends and family," Goodwater said. "But the career connections I will make in Florida will be worth it."

Senior Paige Patton accepted an internship for D.C.P. in her junior year. Patton worked at a restaurant in the Magic Kingdom.

"Along with working at a restaurant," Patton said. "I

was able to take a lot of cool classes, like a theatre class talking with professional actors, stage managers, and designers at the parks."

Patton gave Goodwater advice, "Go on backstage tours, stay at the resort you haven't before and try all of the food," Patton said. "Really take it all in!"

Patton and Goodwater both love Disney. Goodwater said she grew up watching Disney movies and they made her feel good, no matter the circumstances. When asked about her favorite Disney princess, Goodwater said it was Rapunzel.

"I think that a lot of people can identify with her," she said.

Patton visited Disney World four times and Dis-

neyland three times before her internship.

"My mom and grandma would always try to take my sister and me to the parks whenever they could," Patton said.

She agreed with Goodwater about Disney's purpose.

"Disney takes you aside and says everything is going to be okay," Patton said.

In the future, Goodwater hopes to work in Human Resources at Disney.

"The College Program is a great stepping stone for the company," Goodwater said. "A lot of the people who end up working there long term started in the college program."

As Rapunzel from the movie "Tangled" once asked, "Haven't any of you

Tiger Timeout

The answers to this week's Tiger Timeout will be in next week's issue

3		9	8				5	
			2				3	7
5				9				4
7		4		2				
		5	4		6	2		
				1		3		5
9				3				1
2	4				8			
	1				7	5		6

Courtesy of Doane Computer Science Department

The answers to last issue's Tiger Timeout

7	5	9	2	6	4	1	8	3
8	4	1	3	9	7	5	6	2
6	3	2	1	5	8	7	4	9
4	9	6	5	2	1	8	3	7
1	8	3	4	7	9	6	2	5
5	2	7	8	3	6	9	1	4
9	1	8	7	4	2	3	5	6
3	7	4	6	8	5	2	9	1
2	6	5	9	1	3	4	7	8



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The Doane Owl strives to inform, enlighten and entertain students, staff and faculty while maintaining high journalistic standards of accuracy and truthfulness.

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The Doane Owl Editorial board consists of: Caitlyn Nelson, Taylor Ball, Zachary Renshaw, John Celesky, Meaghan Stout, Joshua Bundy and Nishesh Yadav.

The Doane Owl welcomes signed Letters to the Editor of 400 words or fewer. All submissions are due by 4 p.m. on the Monday prior to publication. Submissions should be addressed to the editor and sent to the Doane Owl through campus mail, placed in the box outside of Gaylord 130 or emailed to owl@doane.edu. A hard copy of the letter must be signed in the presence of the Editor-in-Chief by 7 p.m. the Tuesday before publication. The editor reserves the right to edit all submissions for length and content.

Flag photo by Caitlyn Nelson.

Editor's note: One editorial staff member was not present to participate in Thumbs Up, Thumbs Down.

- STAFF EDITORIAL -

Podcasts can be valuable resource

Podcasts should be used instead of, or in addition to, textbooks in the classroom.

Not only can podcasts be educational, they are free and easy to access.

Podcasts are exactly what college students' bank accounts and schedules need.

Instead of students having to spend hundreds of dollars on books that they may only look at a few times in the semester, they can easily get on either their computer or mobile device and listen to the

podcast that's required for class.

Most, if not all, students have their phones on them 24/7, so if podcasts replaced books in the classroom the excuse of "I lost my book" or "I haven't ordered it yet" would become inapplicable.

You can access podcasts for free on your phone from anywhere.

Not only are the podcasts easier to have on you all the time, they are also easy to listen to while you're doing

other things like working out or driving to work/home.

Having podcasts in the classroom would also accommodate those who are more auditory learners, and for those who are not audio learners there's a way to transcribe podcasts into text.

While listening to lectures is perfect for the auditory learners, going home to read a textbook may be less effective than listening to more information about the topic being learned.

Podcasts may also bring up more discussions in the classroom.

For example, with Laungani's podcast he co-hosts, "Warm Regards", he occasionally sends students to the podcast to listen for information. He also brings perspectives into the classroom from guests he talks to as well.

Podcasts could be a very impactful resource for students and professors to include into the Doane education.

Photographers deserve respect



Courtesy photo | Caitlyn Nelson

CAITLYN NELSON

Editor-in-Chief

With new technology and better cameras on phones, it seems as though everyone is a photographer nowadays.

I was giving a tour to a potential student and his parents, I mentioned being a photographer on campus and freelancing, and the response I received was, "Oh I can take pictures on my phone too."

While that may seem minor, and I did laugh it off, it really made me think about how photographers aren't taken seriously anymore and anyone thinks that they can snap a photo with their phone and be a "photographer."

I have taken classes.

I have done my research on apertures, shutter speeds and ISOs.

I have walked around with my camera around my neck to practice on random nature I see.

I have bugged most of my friends to let me take pictures of them for fun and almost always say yes to a photoshoot.

I spent a good portion of my freshman year at sporting events taking thousands of photos that ended up sitting in albums on my computer just because I just wanted experience, I didn't actually have a reason to take the photos.

I learned Adobe Photoshop and Lightroom just to edit photos that were going to sit in dusty albums on my laptop.

The best part of all that was that I enjoyed spending my time doing it...

Until I hear people com-

plain about my prices for photoshoots now.

"Oh, you are going to charge me?" I've had a potential client say, "I'll just have someone take some on my phone for me."

My top three thoughts are:

1. The phone camera will not take near as quality pictures as even my small \$500 camera will.

2. My rates are very low compared to the typical \$100 to \$250 per hour or \$25 to \$100 per final edited image that most professional photographers charge according to Fash.com.

3. The time that actual photographers spend learning how to photograph, what looks the best, little tricks and even when to photograph to get the best product very rarely is made up for, and that's okay, but should be appreciated more than being able to pull out an iPhone and snapping some pictures instead.

Don't get me wrong, phone cameras are becoming very advanced.

The new iPhone 11 and the iPhone 11 Pro have three different lenses, an ultra-wide camera, night mode, burst mode and great editing qualities, but it doesn't beat the image sensor that is approximately 15 times larger than smartphones on the DSLR.

As a student, I should be charging \$50 to \$100 per hour and \$25 to \$100 per image Fash.com says.

I may not be so naive to think I would get any business from college students with those rates, but the well less than minimum hourly rate and hundreds of pictures I provide should be enough to be worth more than a "no thanks, my iPhone will do."

Correction

In the Dec. 4 editorial, The Doane Owl incorrectly stated that a member of the coaching staff had been fired. No one has been fired from the coaching staff.

Have ideas for stories?

See something on campus and want more information? Have a unique story to share?

Share with The Doane Owl!

contact caitlyn.nelson@doane.edu



Courtesy photo | Josh Bundy

Travel while you have the chance

JOSH BUNDY
Sports Editor

Traveling today is something that influencers on Instagram use to brag and amass hundreds of thousands of followers, but that really isn't what travel is about. Traveling used to be a luxury that was only reserved for those who had the funds to burn, but now traveling is becoming more and more affordable. Airlines are constantly offering discount flights everywhere in the world

and with companies like Airbnb, lodging accommodations are becoming increasingly affordable. Many people are able to travel to where they want to for cheaper and are able to stay longer without having to stay in hostels, which are often seen as sketchy places to stay. These reasons alone are enough to make an impromptu trip, but the experiences and knowledge that are gained from these places that really make the monetary aspect obsolete. Traveling within the United States is an experience in itself,

but it fails to amount to anything when compared to traveling abroad. From personal experience, I have been all over the world and have truly experienced once-in-a-lifetime events every single time I have gone. I've snorkeled the Great Barrier Reef, been inside a pyramid in Egypt, held koalas in Australia, and been within an arm's length of lions in Zambia, to name just a few of the incredible things I've been blessed enough to experience. I'm not at all saying these experi-

ences to brag, but to encourage you to get out of the country. The things you can do and see all over the world are simply unmatched here in the United States. Traveling offers so many benefits that far outweigh the money you will part with. Having been all over the world, and 48 of the 50 States, I can confidently say that the US completely fails to even rival the amazing things that are abroad. The most common excuse for traveling is 'I can't afford to travel, it's just too expensive.' That may be true for some places and

some airlines, but with enough searching, anyone truly can travel. There are flights to Rome from New York for as low as \$269, round trip. Granted you have to get to New York and that may be the most expensive piece, but to go to one of the most historical places on Earth, the price is incredibly worth it. Get out and travel. Go experience something that you may never have the chance to do ever again. The cost of traveling has never been lower, and the memories that you will have will last a lifetime.

...THUMBS UP

New Years Resolutions



POdcasts

Traveling



Tobacco Law Change



Disneyworld



The Doane Owl editorial staff cast their opinions on different current topics and their responses are represented in 'Thumbs Up, Thumbs Down' every week.

THUMBS DOWN...

New tobacco law misguided

MEAGHAN STOUT
Life & Culture Editor

The change in the legal age to purchase tobacco products in the name of health is misguided. If we want young people to quit smoking, we should be lowering the age to purchase nicotine products that help smokers quit, such as nicotine gum or patches.

As someone who continues to deal with a nicotine addiction, I know how difficult it can be to quit using tobacco products. The change in the federal age limit, along with the change in the state age limit will not change the difficulty of quitting.

While it may become more difficult for minors to access tobacco products, it will not stop those who already smoke from doing so. I started smoking cigarettes at the age of 15 and have been smoking since, despite my inability to buy them myself.

According to the Council on Chemical Abuse, nicotine is as addictive as heroin. Most people treat nicotine addiction as if it's simpler



Photo by Nishesh Yadav | The Doane Owl

than that. Withdrawal is no small thing.

With the change of the age limit to purchase tobacco, a lot of people between the ages of 18 and 21 will either continue their addiction illegally, or will go through hell quitting.

The various tools to help people quit will also be unavailable to people under the age of 21. Nicotine patches, nicotine gum, and the like require a customer to be of age to purchase tobacco.

The raise in both the federal and state legal age leaves young people without any resources to help

them overcome their addiction. Without those resources, young people can not be expected to quit cold turkey because of the new law.

If the minimum age is raised, we should ensure that those who already have an addiction have resources available to them to quit. It is unlikely that anyone who does not smoke will have any interest in purchasing a pack or nicotine gum. Nicotine gum is dreadful and disgusting, no one in their right mind would choose to chew it unless it were to quit. So why make it unavailable to those who need it?

TRAVEL ADVENTURES!

- TEXAS COASTAL WINTER ESCAPE, FEB. 6-16
- GREAT SOUTHWEST ADVENTURES, Feb. 19-Mar. 3
- FLORIDA PANHANDLE TO THE EVERGLADES, FEB. 22-MAR. 9
- LAS VEGAS & CANYON COUNTRY, FEB. 28-MAR. 8
- SAVANNAH & CHARLESTON, MAR. 20-29
- NASHVILLE U.S.A., MAR. 30-APR. 4
- WASHINGTON, D.C. & CHERRY BLOSSOMS, APR. 1-5
- NEW ORLEANS & THE DEEP SOUTH, APR. 17-26



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New basketball coaches look to turn season around



Photo by Nishesh Yadav | The Doane Owl

Junior Tayla Nulty dribbles the ball upcourt. Nulty is part of the basketball team that will be looking to get the most out of the rest of the season under new coaches Ryan Baumgartner and Melissa Webb. The team returns to action Jan. 15, against Morningside College in Sioux City, IO.

JOSH BUNDY
Sports Editor

The women's basketball team is looking to turn their 1-14 season around after a recent coaching change.

New coaches for the team include head coach Ryan Baumgartner and assistant coach Marissa Webb. Baumgartner comes to the team as the interim head coach after being on the men's basketball team coaching staff since 2017. As a former player at Doane, he is no stranger to Doane basketball, coaching as a graduate assistant for the men's team for a year and the women's team for two.

He believes that having a history at Doane has given him an advantage with the team, having familiarity with not only the Doane program itself, but also the conference and the way that other teams play.

"Being at Doane for an extended period of time has given me the opportunity to be around a lot of great coaches and people who have had success here at Doane," Baumgartner said.

Taking the assistant coach role is Marissa Webb, who has a history with rebuilding programs according to Doane Athletics. Her most recent stint was at Southeastern Illinois Col-

lege, a Division I junior college. She was able to coach the team to a 24-10 record, allowing them to reach the NJCAA Region 24 championship for the first time in 11 years. She also helped coach at Western Illinois University, helping achieve a 48-17 overall record in her two seasons there. The team would go in to feature in the NCAA Tournament, achieving their first appearance in 22 years.

Webb also has a history as a player, playing for two years at William Woods University in Fulton, Missouri. She was named co-captain while she played there, also leading the team to back-to-back NAIA National Tournament appearances.

When asked about Doane, Webb was happy to be at the university. "I love that the staff, faculty, athletes and even community members welcomed me in, and have been so helpful in my short time at the university. I truly feel apart of a family," said Webb.

Although the season has not been headed in the direction that the team wanted, Webb was confident in their abilities to get the most out of the season.

"I truly believe that if each of us gets at least 1 percent better every single day

that is a successful season, and I believe we are heading in that direction," said Webb.

Baumgartner echoed his assistant coach's feelings, emphasizing that it's not necessarily the end result that they are looking at. "This is a process and focusing on the process rather than the result is something that we stress every day," Baumgartner said.

Webb was also hopeful for the remainder of the season, saying that "I believe showing up, controlling the controllables in life and especially on the court will lead us in a positive direction going into the final stretch of the season."

Baumgartner added the importance of focusing on the team's core values. "In order to do that [developing the right habits for the team], we have to hold true to our program's core values of accountability, grit, family, communication, and respect. If we can consistently do those things on a daily basis we will start to achieve some of the goals we are striving for this season," Baumgartner said.

The women's team has 11 games remaining this season, with six of those games coming against ranked opponents. They will play next on Jan. 15 at

Doane Athletics Schedule



This Week's Schedule:

Wednesday 12/12

W Basketball 12:00
Morningside 1pm

W Basketball 14:00
Morningside 1pm

Thursday 12/13

W Basketball 12:00
Central Conn Coll 1pm

Friday 12/14

W Basketball Home
Doane 12:00pm

Scheduling of Men's Basketball

Saturday 12/15

Track & Field Home
South Dakota State
12:00pm

W Basketball 12:00
Morningside 12pm

W Basketball 14:00
Morningside 12pm

Monday 12/18

W Basketball 12:00
Morningside 12:30pm

Tuesday 12/19

W Basketball 12:00
Morningside 12:30pm

Graphic by Nishesh Yadav | The Doane Owl

Dance gears up for the season

NISHESH YADAV
Art Editor

Doane's dance team hopes to build off of its National Association of Intercollegiate Athletics National Championship qualification last year.

According to Doane Athletics the Tigers are heading to their second NAIA national event in 2019 and will open their 2020 season with the Doane Invite at home in the Haddix Gym Friday, January 17. They won the same competition last year after posting a score of 79 to defeat Hastings, Concordia, and York.

Head Coach Ashley Lyon says that the off-season has been a great time to reflect on the team's goals as well as prepare the mind and body for the competitive season. It also provides them a chance to work on more technical and ad-

vanced skills that could go into their routine at some point.

According to Lyons, in order to make it to consecutive national championship events, it will take talent, teamwork and culture.

"[It takes] continuing to grow the skills of current dancers and recruiting other talented dancers to come in and fill the spots from the seniors we lose each year," says Lyons. "Teamwork includes sharing common goals and respecting each other. This teamwork and cohesion will help us perform at a higher level. And being deliberate as a coach about creating the culture and direction we want to go in."

The team will be helped by three juniors who earned All-American honorable mentions their freshman year, captain Renee Lukowicz, Madison Elikier and Olivia Deford.

Senior Hannah Alfree enjoys having the three role models for the team. "They work really hard each day at practice and are willing to help other teammates who may not have the skills and backgrounds that they have," says Alfree. "They always encourage and help me work hard for skills that I have never been able to do before."

Alfree is excited for the season to begin and says the belief in the team's goals is a strength for the team. "We work as a team towards our goals. We are dedicated and hold each other accountable to push towards our team goals," Alfree said.

The team will have five competitions before the Great Plains Athletic Conference Championships on February 8. They will then look ahead to the NAIA Regional Qualifier a few weeks later.



Photo by Nishesh Yadav | The Doane Owl

Junior Madison Elikier performs during a basketball game. She was one of three dancers who received All-American honorable mentions during her freshman year.

Cheer ready for competitions

NISHESH YADAV
Art Editor

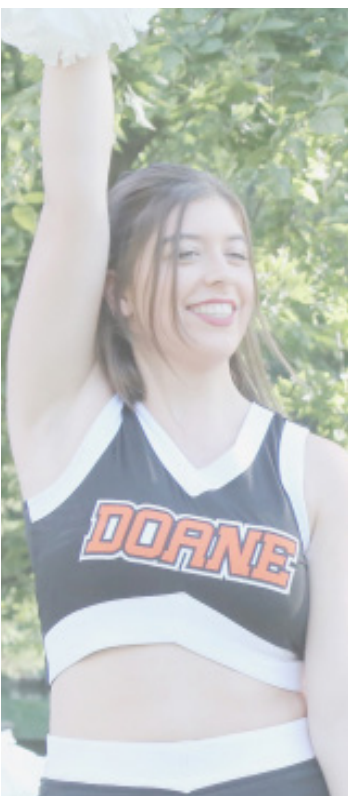


Photo by Nishesh Yadav | The Doane Owl

The Doane Cheer team is kicking off their competitive season with the Doane Invite this Friday in Haddix.

The meet will kickoff two months of competitions for the team. The Tigers are led by Head Coach Ashley Lyon and senior captains Hannah Alfree and Taylor Mitchell.

For Mitchell, this will be the beginning of her last season cheerleading after having been in the sport for eight years. She hopes to start the season off with a win but also recognizes that the team is doing higher level stunts this year.

Last year, Mitchell felt the biggest weakness for the team was that the stunts they were performing weren't a

high enough difficulty to gain more points. In competitive cheer, part of the team's score comes from the degree of difficulty of a stunt. The more difficult the stunt, the more points that can be awarded.

Mitchell says there were several times last season that the team received zero deductions on their routines, but the degree of difficulty didn't give them enough points to beat their competitors. She is excited for the stunts this year as they are of the highest level of difficulty that the Tigers have tried since she has been here.

Along with the new stunts, the Tigers have introduced seven new members to the team. Lyon says the new teammates have brought a lot of energy and

positivity to the team. She is also pleased to see that the team chemistry has improved since the end of last year. As a team, the group has come up with four goals for the year: Clean routine/recover from mistakes, positive teamwork/communication, practice like you perform and have fun.

While the team chemistry has been positive, one area Lyons hopes to see the team continue to improve on is confidence. Mitchell also felt this was an area that could be worked on, saying "A lot of cheerleading is very mental. You just have to push through it and trust your teammates."

The Tigers competition Friday is the first of seven, including the GPAC Championships and the NAIA Regional Championship.

Athlete of the Week

Anthony Laravie
Basketball



Reached 1,000 career points while on men's basketball team



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